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He's ready. Are you?

The Leafs kick off the playoffs tonight, and superfan Scott Foster won tickets to a home game with Metro and MLSE

COVERAGE, PAGES 6-7, 28

Let the trash talk begin!

It's a playoff punch-up: Metro editors Mike Speers in Toronto and Matthew Burke in Boston face off over which team is stronger heading into the playoffs

PAGE 8

Bike-station battle rages on

Mayor Rob Ford has vowed to axe a proposed bicycle station at Nathan Phillips Square, part of a city restoration project

PAGE 3

Doing the Danube

From the Black Forest to the Black Sea, a gentle meandering cruise along Europe's second-longest river offers a different view of the continent

PAGE 20

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Bike-station project at risk of being cancelled

Nathan Phillips Square. $1.2M revitalization project was halted after being OK'd by council

The city spent $650,000 on a bike station under Nathan Phillips Square before the project was quietly shelved by staff in 2011, a decision some councillors say should have come back to council for approval.

"That seems very strange," said Coun. Paula Fletcher. "The scope of work for the Nathan Phillips Square revitalization is part of a pretty public restoration. That should have been reported out."

The station, with secure parking for 380 bikes, was a signature element in the revitalization and would have been one of the biggest in North America.

Council approved $1.2 million in funding for the station in 2010. Some $650,000 has been spent already.

The project was revived last month at a government management committee meeting.

Both Mayor Rob Ford and Coun. Doug Ford have said they will try to kill it when it comes up for approval at city council this month. They say the facility is a waste of money and deprives the city of revenue-drawing parking spots.

The station came back into play Monday after the committee passed a motion to waive the $70,000 potential revenue loss. TORSTAR NEWS SERVICES

Fit for a cyclist

The plan

"The Ford brothers should actually look at the drawings," says Andrew Frontini, a member of the architectural team who won a design competition for the square.

The showers are made of concrete blocks and finished inside with the "most economical porcelain tile you can get but that you can still clean," said Frontini. As well, the storage area for the bikes is basically a metal cage.

"We had more expensive versions," he says, but the final design was "certainly not a cathedral to cycling. It's basic infrastructure."

It took months to draw up a new plan, which accommodates 380 bikes.
TORSTAR NEWS SERVICES

Hedging his bets? Ford postpones casino vote

Facing the likely death of his downtown casino dream, Mayor Rob Ford has yanked the item from next week's council meeting in hopes he can muster more support later in May.

Coun. Michael Thompson said Tuesday the mayor's office has told him and other Ford allies that the mayor is exercising a rarely used power to move the item from the May 7-8 council agenda.

"There's no doubt there will be a special meeting about the casino," said Thompson, who says he will consider voting in favour of a casino only if Toronto receives a fee of $100 million or more per year for hosting it.

Opponents of a massive casino resort near the downtown waterfront reacted with disdain.

"The whole city is expecting this item and this issue to be debated at a city council next week," said Coun. Paula Fletcher. "The whole city is waiting for this casino debate. We've been debating this for five months. I think it's the biggest issue that Toronto city council will have dealt with."

Quoted

"Delaying the inevitable"
Coun. Adam Vaughan

Coun. Adam Vaughan said Torontonians "have made their minds up, most councillors have made their minds up and it's really only stage-managing at point." Ford is "going to lose another big one at council and if it's delayed a week, it's delayed a week."

Ford could call the meeting for the end of May when some opponents will be in Vancouver for a municipalities meeting.
TORSTAR NEWS SERVICES

Stunning sewers? At subway station?

A man eyes an image of a city sewer by Toronto photographer Michael Cook at St. Patrick station. TTC riders descending below ground might feel like they have tunnel vision. All May, the concourse and tunnel of the station will feature Cook's stunning images of the city's massive underground sewer system. The show is part of CONTACT, a city-wide festival of photography. SUSANA REISMAN/TORSTAR NEWS SERVICE

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Charges in case of synthetic cannabis thrown out of court

Not pot. Man was first charged in March after Health Canada reported ingredients in the substance were reportedly linked to suicide, psychosis

Charges against Adam Wookey, 28, for two counts of trafficking synthetic cannabis were stayed in the Ontario Court of Justice last week.
ALEX CONSIGLIO/TORSTAR NEWS SERVICE

Charges against a Toronto man who runs a company that sells a controversial chemical alternative to marijuana have been tossed out of court.

The Public Prosecution Service of Canada confirmed on Tuesday that the case against Adam Wookey, 28, for two counts of trafficking synthetic cannabis were stayed in the Ontario Court of Justice last week.

No reasons were given by the prosecution office why the case against the CEO of The Izms was dropped.

He was charged in March after Health Canada reported that ingredients in Izms — which include the chemical JWH-018, reportedly linked to suicide and psychosis — are subject to the Controlled Drugs and Substances Act.

A Health Canada spokesperson referred questions about the case to the Public Prosecution Service of Canada.

Wookey's lawyer did not return requests for comment.

Hamilton police looked into Wookey's activities shortly after a January robbery of a downtown Love Shop, when the thief demanded all the store's Izms.

Wookey was arrested without incident in March after the Hamilton police vice and drug unit searched Toronto addresses on Hazelton Avenue and Davenport Road.

At the time of his arrest, Hamilton police said sales of the fake weed had proliferated across the province.

Hamilton police had no comment on Tuesday.

TORSTAR NEWS SERVICE

Confrontation

Charges dropped against teen shot by police

The Crown has withdrawn new charges against a Pickering teen shot during a confrontation with police last summer, acknowledging a delay in disclosing relevant information to defence counsel.

TORSTAR NEW SERVICE

Guilty of assault

Police officer gets conditional discharge

Veteran Toronto police officer, Const. Jason Peacock, 40, found guilty of assaulting his then-girlfriend will be given a conditional discharge after 18 months of probation. TORSTAR NEWS SERVICE

Trial. Witness read letter ordering her execution, according to the Crown

A recalcitrant 19-year-old witness was confronted Tuesday with a letter the Crown says ordered her execution and was written by her ex-boyfriend who is on trial for murder.

"Why are you called waste face, what does waste mean? Garbage ... ," asked prosecutor Paul Zambonini referring to the name the Crown asserts was used as a code word for her.

"I can't tell you," she responded in a soft voice.

It was the first time the young woman, whose name is covered by a publication ban, has heard the searing details contained in the letter, seized from the glove box of a car connected to a Feb. 17 shooting on Woolner Avenue

The 17-year-old who was shot was linked to another court case referred to in the letter. He was told "you snitched on my boy," just before he was shot.

Justice Ian Nordheimer, hearing the case without a jury, has heard that the letter to an unknown recipient was handwritten using a combination of urban street slang and code. The Crown is calling an expert to allege that S.B. — one of four youths on trial for the first-degree murder of Tyrone Bracken, 16 — wrote the letter.

Prosecutors allege the letter, which identifies two other targets, one of them code-named bamboo (bam), was an attempt to prevent them from testifying at this trial in Superior Court.

TORSTAR NEW SERVICE

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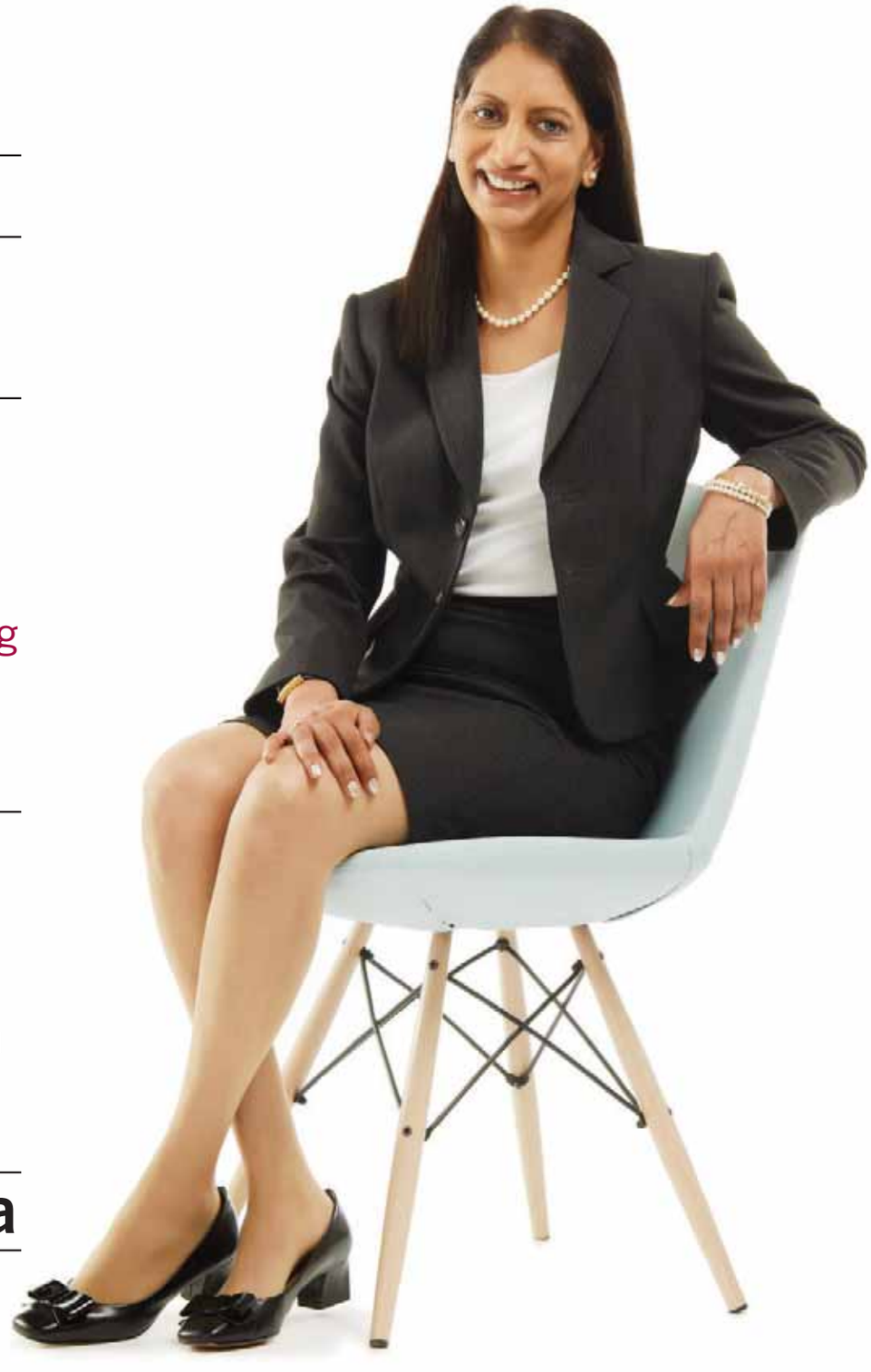

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FANDEMONIUM: LEAFS VS. BOSTON

TRUE-BLUE LEAFS FANS GO

Hundreds of fans turned out to the ACC Monday to show their passion for the Blue and White and for a chance to win tickets to a Round 1 playoff home game. These four runners-up couldn't top Metro's cover winner, Scott Foster, but they did take home a prize pack from Real Sports Apparel. Check out more fan favourites on Metro Toronto's Facebook page.

PHOTOS BY DAVE STARRETT
toronto@metronews.ca

1 Screamer.
Jason Payne

2 Fan Guy.
Omar Ibrahim

3 Best Friends.
Angela Garda
(pictured with Leafs alum Darryl Sittler)

4 Bikini Girl.
Joscelyne Young

ALL OUT

Metro on scene

Smile for the camera

Clockwise, from top: Metro photographer Dave Starrett with fan Justin Waldman; from left, Daniel Manoukian, Steffan Moran and Justin Zanni; Jonathan Benjamin, left, and Scott Foster meet Carlton the Bear; fan Sydney Ymen.

DAVID VAN DYKE/METRO

FANDEMONIUM: LEAFS VS. BOSTON

METRO TORONTO

Ah, the playoffs. It doesn't get any better than this for the people of Toronto. It's been a while, as you know, so the buzz that goes with playoff hockey in the city seems amplified this year.

It's even more exciting given the fact the Bruins seem like pretty easy pickings for the Leafs right now. Talk about a team backing into the playoffs! They couldn't even beat the Ottawa Senators.

Sure, the Bruins have owned the Leafs over the past few seasons, and, yes, the last time Toronto beat Boston in the playoffs was more than half a century ago. But here's why this year is different:

MIKE SPEERS
Associate Managing Editor, Night Production

1 **Goaltending:** James Reimer has been lights-out awesome this season. Playing with a maturity well beyond his age or experience, there's no reason to believe he can't carry the Leafs through the first round and beyond.

2 **Phil Kessel:** Can you imagine the talented ex-Bruin potting the winning goal in overtime to send Toronto into the next round? Seguin who?

3 **Power of prayer:** You have your cup, Boston. Now it's time for our prayers to be answered. We've waited long enough, and Leafs fans want this really bad.

Toronto may have never played a playoff game since the invention of HD television, but beating the Bruins sure will look good in high-definition this year.

EDITOR VS. EDITOR

METRO BOSTON

MATTHEW BURKE
Sports Editor

Welcome back to the post-season, Leafs fans! It's been nine long years, and, quite frankly, we were beginning to worry that your team relocated to Arizona or southern California at some point in the past decade.

In case you haven't been paying attention to the NHL post-season in the past few years, we should remind you that we won the cup just two years ago and have one of the best young hockey foundations in the league. Here are three more reasons why you should be intimidated by the Black & Gold:

1 **"Thank-you-Kes-sel!":** This chant replaced "Let's-go-Red-Sox!" as Boston's favourite long ago. The trade that sent winger Phil Kessel your way in 2009 was arguably the top transaction in Bruins history, as we acquired two of the most talented young players in the NHL in Tyler Seguin and Dougie Hamilton, courtesy of our best bud Brian Burke.

2 **Recent history:** The Bruins beat your Leafs three of four times this year, and you have just that one victory over the B's since March 31, 2011.

3 **Boston doesn't lose:** Hockey is huge in Boston, but unlike you moose-lovers we have other interests. Since the year 2000 — a.k.a. the 33rd year of your now nearly five-decade-old Stanley Cup drought — the Patriots have won three Super Bowl titles, the Red Sox have won two World Series titles and the Celtics have won an NBA title.

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Two men arrested

Five-year-old rape victim dies

A five-year-old girl has died after being raped in a brutal case that shocked India and the world.

The girl died late Monday at a hospital in Nagpur city in Maharashtra state, said an official, Bharat Yadav.

Two men have been arrested in connection with the attack, he said.

THE ASSOCIATED PRESS

Airlines banned

Syria a no-fly zone, says Russia

Russia has banned its airlines from flying over Syria after a civilian plane was reported to have come under a threat in Syrian airspace.

The ban was announced by the air transport agency — which said some airlines continue "to operate in the airspace of the country in which hostilities are using missiles."

THE ASSOCIATED PRESS

Feds get a tongue-lashing

Damning indictment. Auditor general accuses government of a First Nations fiasco

The federal auditor general says two of the government's key pillars meant to improve the lives of aboriginal peoples have gone awry.

The reason: Infighting, poor co-ordination and lack of planning.

Auditor General Michael Ferguson says attempts to deal with the fallout of the residential school system are a mess as the Truth and Reconciliation Commission bickers with the government over what historical documents need to be provided.

And he says Ottawa's plans to deal with rising rates of diabetes — especially on First Nations reserves — are showing no results.

Government programs aren't working together or checking the effectiveness of their projects, he says.

At a time when aboriginal communities are crying out for better treatment from Ottawa, Auditor General Michael Ferguson says two key pillars meant to improve lives have gone awry. STEVE RUSSELL/TORSTAR NEWS SERVICE FILE

At stake is the mental and physical health of First Nations families across Canada at a time when aboriginal communities are crying out for better treatment from the federal government.

Time is running out for the Truth and Reconciliation Commission to fulfil its mandate of creating a historical record of residential schooling — known for its emotional, physical and sexual abuse of children.

It has until July 2014 to put together a complete record, but Ferguson says work has barely begun because government departments and the commission have not been able to agree.

"We are concerned that the lack of co-operation, delays and looming deadline stand in the way of creating the historical record of Indian residential schools," he said.

Elsewhere in his report, Ferguson chided the Canada Revenue Agency for not working hard enough to chase people who owe taxes.

He said Ottawa needs to do more to collect from people who cheat the employment insurance system.

And he says there has been no proper accounting for billions in security spending since the 9/11 attacks.

THE CANADIAN PRESS

Lost and found

$3.1B

Ferguson says he has been unable to track as much as $3.1 billion in funding set aside to combat terrorism. The paper trail tracked only $9.8 billion of the $12.9 billion that was spent between 2001 and 2009 on myriad anti-terrorism programs.

Mo' money, mo' problems

$300M

Ottawa is overpaying employment insurance by at least $300 million a year and fails to get millions of it back, the auditor general says.

Oldie not goodie

Aged 50

Canada's search and rescue system is in distress and some elements are near the breaking point, Ferguson says. The cost of maintaining the fleet of nearly 50-year-old C-115 Buffaloes and older model C-130 Hercules — rescue workhorses — has climbed to $20 million a year.

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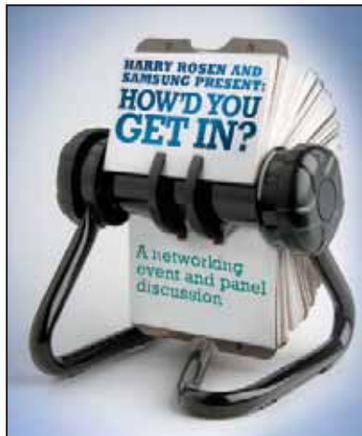

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Bombings boost co-operation

U.S.-Russia. Two former Cold War foes to work together on intelligence following the Boston Marathon bombings

United States President Barack Obama said Tuesday that the U.S. and Russia are overcoming Cold War-era suspicions to co-operate on the investigation of the Boston Marathon bombings as his top diplomat announced plans to travel to Russia.

The suspects are Russians who immigrated to the U.S. Russian authorities warned the U.S. before the bombings that they had concerns about the family.

Obama acknowledged that suspicions still exist. But he added that Russian President Vladimir Putin has assured him that Russia is committed to help and that the two sides are looking for ways to improve counter-terrorism co-operation more broadly. "Obviously old habits die hard," said Obama.

Meanwhile, Secretary of State John Kerry is headed to Russia next week to meet Putin and Foreign Minister Sergey Lavrov. The talks are expected to touch on the attack in Boston and a host of bilateral tensions. The U.S. and Russia are at odds on Syria, Iran and missile defence among other issues. Tensions have also spiked over the Kremlin's halt on U.S. adoptions of Russian children. Kerry said Tuesday his upcoming trip is "overdue."

THE ASSOCIATED PRESS

U.S. President Barack Obama
CHIP SOMODEVILLA/GETTY IMAGES

Indoctrinated in Russia?

American law-enforcement officials have been trying to determine whether Tamerlan Tsarnaev was indoctrinated or trained by militants during his visit to Dagestan, a Caspian Sea province that has become the centre of a simmering Islamic insurgency.

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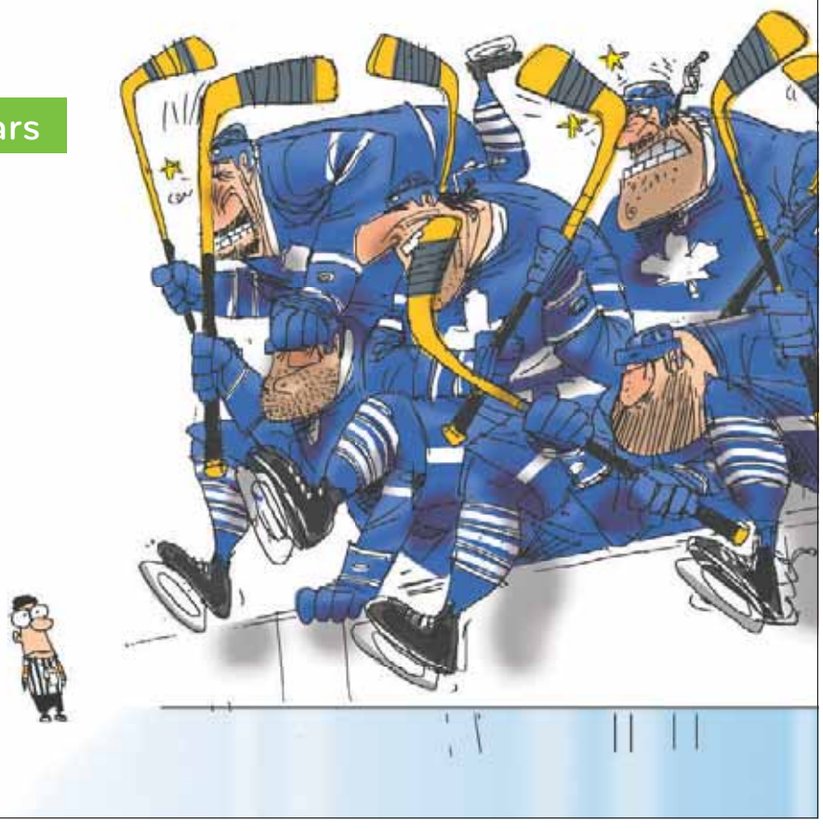

Pirate Party captures 3 seats in Iceland

Batten down hatches. Founded in Sweden in 2006, movement has spread to countries including the U.S.

Iceland has been stormed by pirates. They won't be forming the government, but online freedom advocates the Pirate Party were still big winners in the country's election.

The party, just a few months old, took 5.1 per cent of the vote in Saturday's poll, gaining three of the 63 seats in Iceland's parliament, the Althingi.

It is the biggest electoral trophy yet for a movement founded seven years ago in Sweden by a group of rebellious file-sharing geeks and hackers who scoffed at copyright laws.

Birgitta Jonsdottir, the most senior of Iceland's three victorious Pirate lawmakers, argues that political and legal structures around the world have not kept pace with the technological change that has transformed the way we live. She compares it to new software that can't run on an old computer.

THE ASSOCIATED PRESS

Quoted

"The Pirates have a cool factor.... They are not typical politicians, but represent ordinary Icelanders."

Travel agent Hilmar Einarsson.

Birgitta Jonsdottir, the most senior of Iceland's three victorious Pirate Party lawmakers. THE ASSOCIATED PRESS FILE

Norway

Wanted: Polar-bear spotter

Do you enjoy the outdoors and have strong vocal cords? If so, Norway might have a summer job for you: three weeks in the Arctic wilderness spotting polar bears.

The remote northern region of Svalbard is seeking a polar-bear spotter to warn researchers doing projects in the region. The job starts July 8. The successful candidate likely won't have to use a gun "just as long as they have a loud voice" to scare off any bears.

THE ASSOCIATED PRESS

Stem-cell treatment

Two-year-old gets a windpipe

A two-year-old girl born without a windpipe now has a new one grown from her own stem cells, the youngest patient to benefit from the experimental treatment.

Hannah Warren has been unable to breathe, eat, drink or swallow on her own since she was born in South Korea in 2010. Early signs indicate the windpipe is working, and doctors believe she will eventually be able to live at home and lead a normal life.

THE ASSOCIATED PRESS

Ukraine. European court rules Tymoshenko's jailing was rights abuse

Ukraine's jailing of former prime minister Yulia Tymoshenko was a politically motivated violation of her rights, Europe's human-rights court ruled on Tuesday, dealing a harsh blow to President Viktor Yanukovych, who has insisted the case against his top opponent was not political.

The prosecution of Tymoshenko, the country's most vocal opposition leader, has strained the former Soviet republic's ties with the European Union and the United States. Tuesday's ruling put fresh pressure of Yanukovych to ensure Tymoshenko's release if he wants to sign a key co-operation agreement with Brussels later this year.

There was no immediate comment from the government, other than a promise to closely analyze the ruling.

Tymoshenko, a heroine of Ukraine's 2004 pro-democracy Orange Revolution who was instantly recognizable by her blond braid wrapped around her head like a crown, was sentenced to seven years in prison in October 2011 after being convicted of exceeding her powers as premier while negotiating a gas contract with Russia.

In Kyiv, Tymoshenko's daughter Eugenia said that the ruling will be like the "first ray of sunlight" for her mother, who is undergoing treatment for a spinal condition in a hospital ward where windows are shut and draped.

THE ASSOCIATED PRESS

Quoted

"Soon she will be completely cleared of all the false and absurd accusations."

A triumphant Eugenia Tymoshenko, daughter of jailed former Ukrainian prime minister Yulia Tymoshenko, said Tuesday.

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Wrigley's Alert Energy Caffeine Gum just launched in the U.S. WM. WRIGLEY JR. COMPANY/THE ASSOCIATED PRESS

FDA to investigate added-caffeine foods

Marketing craze. Wave of jacked-up products, such as caffeinated gum, prompts safety concerns

Looking for a new way to get that jolt of caffeine energy? Food companies are betting snacks like potato chips, jelly beans and gum with a caffeinated kick could be just the answer.

The U.S. Food and Drug Administration is closely watching the marketing of these foods and wants to know more about their safety. The FDA said Monday it will look at the foods' effects on children in response to a caffeinated gum introduced this week by Wrigley. Alert Energy Caffeine Gum promises "the right energy, right now."

The agency is already investigating the safety of energy drinks and energy shots, prompted by consumer reports of illness and death.

Michael Taylor, FDA's deputy commissioner of foods, said Monday that the only time FDA explicitly approved the added use of caffeine in a food or drink was in the 1950s for colas. The current proliferation of caffeine added to foods is "beyond anything FDA envisioned," Taylor said.

"It is disturbing," Taylor said in an interview with The Associated Press. "We're concerned about whether they have been adequately evaluated."

He said the agency will look at the potential impact these "new and easy sources" of caffeine will have on children's health and will take action if necessary. THE ASSOCIATED PRESS

In related news

- Monster Beverage is suing San Francisco's city attorney over demands that the energy-drink maker reduce the amount of caffeine in its drinks and change its marketing practices.

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TORONTO Call 311 Livegreen Toronto

Hadfield phones home to unveil new $5 bill

Astronaut Chris Hadfield unveils the new $5 banknote while aboard the International Space Station on Tuesday. Hadfield made a cameo via satellite as outgoing Bank of Canada governor Mark Carney and Finance Minister Jim Flaherty introduced the latest in polymer currency. The $5 bill features images of the Canadarm, a generic astronaut and Dextre, the Canadian Space Agency's robotic handyman. SEAN KILPATRICK/THE CANADIAN PRESS

Market Minute

DOLLAR 99.26¢ (+0.41¢)

Euro: $1.3268 (+0.20¢)
Natural gas: $4.34 US (-5¢)
Dow Jones: 14,839.80 (+21.05)

TSX 12,456.50 (+143.83)

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WHY LET REPORTERS IN AT ALL?

JUST SAYIN'

Paul Sullivan
metronews.ca

Q: What's a first world problem?
A: A first world problem is so trivial and ridiculous, it fails to resonate with people who have real problems, such as making it to the end of the day … and then going to bed hungry.

Female reporters in male pro sport dressing rooms? First world problem. That it is generating any comment at all is testament to Don Cherry's remarkable ability to stoke controversy at an age when most people have already gone to bed.

You gotta hand it to Hockey Night in Canada's perpetual pundit. He rushes in where nobody else bothers to tread.

First, Duncan Keith of the Chicago Blackhawks is rude to a female reporter who needles him in his own dressing room in the wake of losing a fierce contest to the Vancouver Canucks. Then Cherry wades in and says women should not be allowed into male dressing rooms.

This is followed by everyone gleefully piling onto the old guy and getting politically correct points for being oh so progressive.

Cherry loves it because he's still got it at 79; the CBC loves it because the controversy draws viewers to its only remaining hit show and all the male sportscasters love it because, compared to Don Cherry, they're enlightened. That's not saying much: compared to Don Cherry, Klingons are enlightened.

Before I go any further, let me say unequivocally that if (and it's a big if) reporters are allowed into pro sports locker-rooms while the players are still dressing, all reporters regardless of gender should be admitted.

Indeed, if there are male reporters who feel the need to interview female sports stars in their underwear, it should be allowed, although those reporters should be willing to pass a background check and psychological exam prior to gaining entry.

But this first world controversy completely misses the point. The point is simple. Reporters don't belong in dressing rooms any more than curmudgeons or Klingons.

It's common human courtesy and should apply across the board, including young multi-millionaires who have just lost to the Vancouver Canucks.

Think about it. You're Duncan Keith. You've barely had a chance to shower and get over losing to an arch-rival and here's some reporter in your face daring you to admit you slashed Daniel Sedin and got away with it.

The gender of the reporter is hardly the point. The point is: Why is that reporter here in the first place?

Even if he does earn $8 million (!) a year, Duncan Keith doesn't make enough to be required to answer provocative, hostile questions in his own dressing room. How would you like it if a reporter turned up in your bathroom and started asking you about that slash on Daniel Sedin?

Exactly. It's a first world travesty. Even if it takes an overdressed geezer with the mind of a 12-year-old Klingon to point it out.

ZOOM

A rose on any other planet …

NASA/JPL-CALTECH/SSI

Saturn shows off huge 'rose' vortex

NASA has named this red-petalled vortex The Rose, but behind its flowery façade is a massive hurricane-like storm at Saturn's north pole. This photograph, captured by NASA's Cassini spacecraft, was given "false colours" to highlight low clouds (in red) versus high. **MWN**

Scientist speaks

"We did a double take when we saw this vortex because it looks so much like a hurricane on Earth."

Andrew Ingersoll, a Cassini imaging team member at the California Institute of Technology in Pasadena

Sun lights up storm for NASA's camera

This image is among the first sunlit views of Saturn's north pole captured by Cassini. When the spacecraft arrived in the Saturnian system in 2004, it was northern winter and the north pole was in darkness. Saturn's north pole was last imaged under sunlight by NASA's Voyager 2 in 1981. **MWN**

By the numbers

419,000

Approximate distance in kilometres from Saturn from which the Cassini-Huygens spacecraft captured the photo. The image scale is 1.6 kilometres per pixel.

Clickbait

ANDREW FIFIELD
andrew.fifield@metronews.ca

Now that PVR and piracy have pushed TV ads out of our lives, let's rub salt in the wound by using new technology to watch marketing relics. Because hairstyles, toys and horrible music trends come and go, but smouldering good looks are forever.

EVAN AMOS/WIKIMEDIA COMMONS

VintageTV Commercials:

Come for the Before They Were Famous section, stay for the fast food collection starring a creepy/creepier Ronald McDonald. (youtube.com/vintageTVcommercials)

80sCommercialVault:

The name says '80s, but nuts to that. It's all about the lovingly compiled '90s ad montages pushing lousy toys, high-concept soft drinks and Look Who's Talking sequels. If you're lucky, you'll catch a Dr. Mario spot that pretty much sums up the decade. (youtube.com/80scommercialvault)

Tweets

Canada got new cash Tuesday, but some people don't get Dextre, the $5 space robot. Focus groups deemed the handyman as too 'cartoonish' or childlike. Who would you rather see on the $5 note?

Terry Fox
@melisawith1s

George @strombo !
@FrenchmanCanada

Canada's sweetheart,
Justin Bieber.
@EvanPetrie17

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@AdamOmadA

$5 bill childish? The current one show 6 kids... PLAYING !!!
@CleanbyConsuelo

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SCENE 2

Superhero salaries

Wages. Who is making more at the day job? Iron Man or Batman? The Man of Steel or Spidey?

Inventor/genius	Freelance photographer	Physicist	Newspaper reporter	Genius/philanthropist	Norse God	Reactivated soldier
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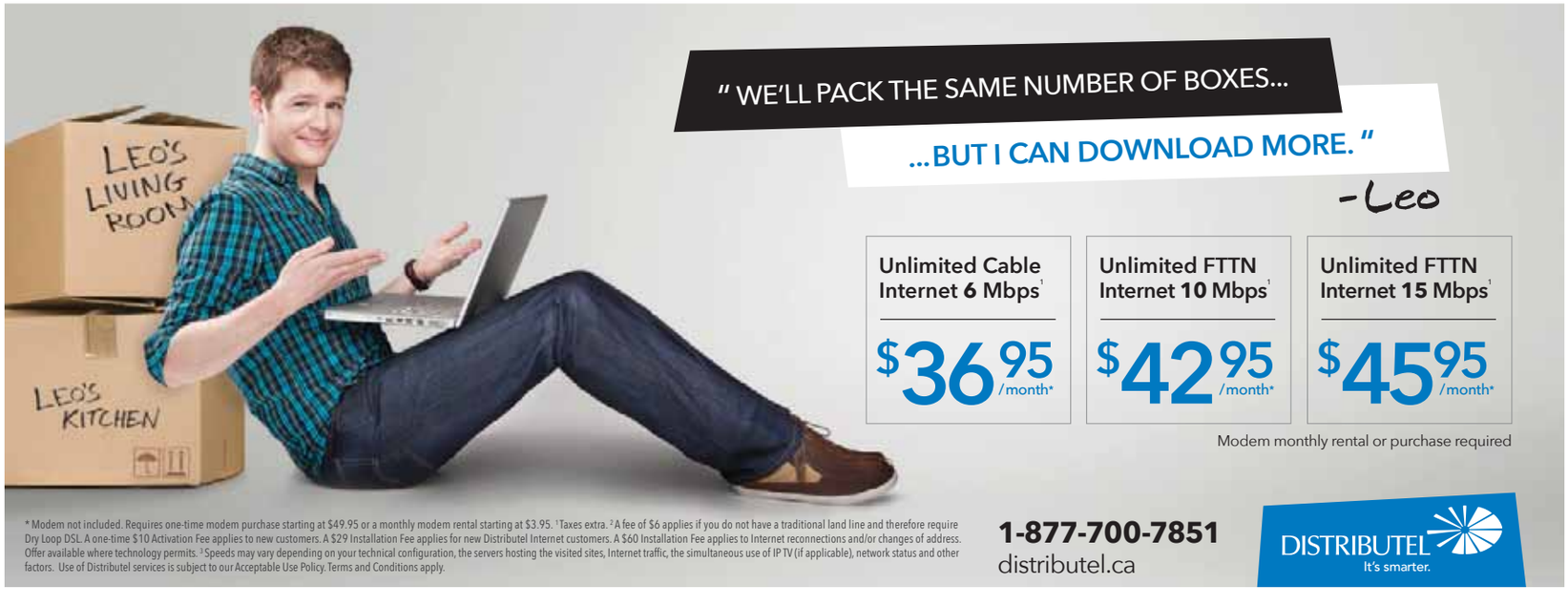
$8.8 billion NET WORTH, SAYS FORBES MAGAZINE	$43,000/year INCLUDES RESALES OF HIS PHOTOS	$105,403/year AVERAGE PHYSICIST SALARY IN THE U.S.	$53,354/year TYPICAL SALARY OF A NEWSPAPER REPORTER	$6.5 billion NET WORTH, SAYS FORBES	Infinity	$64,339/year PLUS 65 YEARS OF BACK PAY ($2,185,560)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He won't go gently into that good night

Film. James Cromwell — like his character in Still Mine — is accepting of mortality

CHRIS ALEXANDER
scene@metronews.ca

In director Michael McGowan's moving fact-based drama Still Mine, veteran character actor James ("Call me Jamie") Cromwell delivers his first leading man role. It's symptomatic of the man who, at the age of 55 and after decades in the business, finally found Hollywood fame (and an Oscar nod) as the caring Farmer Hoggit in the celebrated children's film Babe.

Cromwell's patience — and that of his fans — has paid off however and his performance in Still Mine — alongside equally seasoned actor Genevieve Bujold — is a marvel to behold.

The film sees Cromwell as humble East Coast farmer Craig Morrison, a man deeply in love with his wife (Bujold) and who cannot accept the onset of dementia that is slowly ravaging her mind. Instead he sets his sights and iron will on building her an accessible house by hand, a place where her failing perceptions won't put her in mortal danger. And though red tape, concerned children and his own physical limitations threaten to derail his plans, Morrison intends to see the project to completion, an allegory for his refusal to go gently into that good night while still making his peace with the inevitable outcome that awaits us all: death.

"I think that's what the last part of your life is, coming to terms spiritually with whatever comes next," Cromwell told Metro earlier this year.

"It's the same with birth. People tell expectant mothers that birth is so terrible, but it's perfectly normal and can be handled that way. I was with my stepmother and watched her die and it was one of the most important moments in my life. She did it with as much grace and elegance as she did anything else. I'd like to think I'll be able to do the same and that's why this character appealed to me so much."

James Cromwell HANDOUT

Ben Kingsley

Ben Kingsley in Iron Man 3. HANDOUT

Actor more gangster than Gandhi

IN FOCUS
Richard Crouse
scene@metronews.ca

For someone who became famous playing Gandhi, one of the 20th century's great pacifists, Ben Kingsley has certainly played his share of villains.

His latest character, The Mandarin in Iron Man 3, is one of the great comic book baddies. He's Iron Man's oldest foe, a scientific genius and an unbeatable martial artist, who draws his power from 10 finger rings he created using alien technology.

How bad is this guy? This bad: "Some people call me a terrorist. I consider myself a teacher," he says. "Lesson number one: Heroes — there is no such thing."

The filmmakers say Mandarin is partially based on Colonel Kurtz from Apocalypse Now and another character Kingsley made famous.

In Sexy Beast, Kingsley played Don Logan, a vile English gangster who intimidates an old colleague into coming out of retirement for one last job. How bad is this guy? This bad: He starts a brawl on an airplane because he was asked to stub out a cigarette.

"I do know that Shane Black, our writer-director, loved Sexy Beast," said Kingsley, "and was very influenced in his choice of me playing The Mandarin."

Logan isn't the only villain Kingsley has brought to life on the big screen, however.

In BloodRayne, the Oscar winner plays king of the vampires Kagan, a vicious character who must quell a rebellion led by his daughter. When asked why he would appear in a movie that ranked in Rotten Tomatoes' list of the 100 worst reviewed films of the 2000s, he said, "I have always wanted to play a vampire, with the teeth and the long black cape. Let's say that my motives were somewhat immature for doing it."

As The Hood in Thunderbirds, Kingsley uses his mental powers — telekinesis and hypnosis — to take over the International Rescue headquarters. He took the role in the big screen treatment of the 1960s British children's marionette show at the urging of his kids. "My son has a Thunderbirds alarm clock. That's how big a fan he is of the TV series."

He's also played villains in War Inc, Prince of Persia and Oliver Twist and says, "as an actor, I have to push the word 'villain' right to the back of my mind and bring forward their distorted sense of righteousness and destiny. Because I think classic villains like The Mandarin have to have a profound sense of right."

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Memoir. Anna Quindlen has her Cake and eats it too

Anna Quindlen is no stranger to sharing the details of her life with millions of followers — her New York Times column, Life in the 30s, was a hit with readers for its three-year run. Her memoir, Lots of Candles, Plenty of Cake, provided Quindlen another opportunity to invite readers into her perfectly imperfect life. Not one to shy away from the industry's new technologies, the author fielded questions from us via her iPad while in L.A. for her book tour.

Anna Quindlen GETTY IMAGES

When did you know the time was right to write a memoir?
It wasn't so much that I wanted to write a memoir as that I wanted to write about how growing older has changed during my lifetime. It became clear to me that the best way to illuminate the ways we live now was to mine my own life for material.

Did you approach this the same way you did your other non-fiction works? Do you approach fiction differently?
I approach almost all my writing in the same basic fashion. I spend as much time as I can reading and reporting, and finally thinking deeply about the subject and the themes that interest me. I obviously don't do the reporting when I'm writing a novel, but the months of constant mulling are certainly a big part of the process.

What surprised you about writing a memoir?
For three years I wrote a column in the New York Times that basically took place in my kitchen, so there's very little about intensely personal and sometimes revelatory writing that I don't already know. No surprises, except that telling stories about yourself is like riding a bicycle — the knack comes right back as soon as you're sitting down and pedalling.

Were you ever nervous or apprehensive to reveal such private details about hard subjects, like when you gave up drinking, for example?
I've had to learn over the years what can go into print, and what is too much information. Perhaps not for the reader but for friends and family. When I had a finished a manuscript of Candles I gave it to my husband and three children, who had absolute veto rights. No one exercised them, I suspect because I had already been pretty sensitive about what not to include. Certainly discussing the fact that I stopped drinking 24 years ago was a bit of a leap for me. But I thought it might be helpful for other women who have had issues with alcohol.

What is the best compliment someone could give you as a writer?
There are two. Sometimes a conservative will say to me about my political columns, "I don't agree with your politics, but you always make me think about things in a different way." That's huge for me; preaching to the choir is one thing, but engaging with those who are not on the same page feels like a real accomplishment, especially in our divided and divisive society. The other thing is that women will sometimes tell me that they feel as though I'm telling the story of their lives.

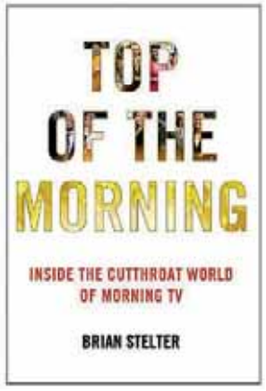
MEREDITH ENGEL/METRO WORLD NEWS

Brian Stelter on the morning show war

Books. The author on The Ann Curry Disaster and what's next for Today and GMA

DOROTHY ROBINSON
Metro World News in New York City

Matt Lauer and Ann Curry GETTY IMAGES



During our interview about his new book, Top of the Morning: Inside the Cutthroat World of Morning TV, Brian Stelter consistently refers to the ouster of Ann Curry on the Today show as "The Ann Curry Disaster."

And a disaster it was. After an awkward first year, Curry was unceremoniously replaced as co-host of Today in 2012. It was far from a smooth transfer: On her last day on set, Curry actually cried when she announced she was leaving the show; she then visibly flinched when Matt Lauer tried to comfort her.

The entire watching world cringed simultaneously — and her loyal audience left in droves, thus knocking Today off its throne as the No. 1 morning program by Good Morning America, a title Today had held for 15 years.

And while this was terrible for Curry, it was a delicious twist for Stelter, a media reporter for the New York Times, who was already working on the book.

"The Ann Curry Disaster happened in June 2012," he says. "At that point I had already been deep inside the show for about six months."

Stelter then wrote as fast as he could to make sure the topic was still fresh. NBC, which has been attempting damage control ever since Curry left, has been clobbered again by Top of the Morning, which paints its executives as bullies who dubbed the removal of Curry Operation Bambi.

"I don't think it's a coincidence that Matt Lauer came out in March and gave interviews and talked about The Ann Curry Disaster for the first time. I think it makes a lot of sense that he was trying to give a pre-rebuttal to my book. A 'prebuttal,' if you will," says Stelter.

A pretty good morning

"I think it's inevitable that the Today show will get back to first place. It's just a question of when. GMA was losing for 15 years; now it's winning."
Brian Stelter

But don't cry for Today. In a way, Stelter thinks the upheaval at our morning television mainstays are a good thing.

"I think it's inevitable that the Today show will get back to first place. It's just a question of when," he says. "GMA was losing for 15 years; now it's winning, so they're not going to let that go without a fight. And what we see every day is now that fight — which is very interesting to watch."

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Demi Moore. ALL PHOTOS GETTY IMAGES

Rumer has it, Demi reconciling with Willis

Following months of apparent estrangement, Demi Moore and daughter Rumer Willis seem to be reconnecting, and all it took was some yoga.

The pair was spotted, along with a few friends, attending a yoga class in West Hollywood together this past weekend, according to Us Weekly.

"They all did the class together, and after the 90 minutes they walked out as a group," a source says.

"Demi and Rumer seemed very close, like they had been in the past. There didn't seem to be any tension or hard feelings between them."

Things have reportedly been tense between Demi and her daughters — including Rumer's sisters, Scout and Tallulah — since her split from Ashton Kutcher in late 2011 and hospitalization and rehab stay in the early part of 2012.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Vergara denies it's going to be a Modern kind of Family

THE WORD
Dorothy Robinson
scene@metronews.ca

In June's Cosmopolitan, Sofia Vergara chats about plans for possibly starting a family with fiancé Nick Loeb.

Rumours have been swirling that the Modern Family actress and Loeb are hiring a surrogate.

But Vergara says that rumour stems from the fact she froze her eggs.

"I had to go to my doctor's office a hundred million times to do injections. The (rumour) probably came from that," the 40-year-old says. "My doctor had told me, 'We have a small window.' I said, 'That's so rude!' I already have a kid, so I never thought I would need to do that. But I will have to use a surrogate, because I had thyroid cancer and lots of radiation. I don't want to wait forever, but not yet, because I'm working like an animal."

Lindsay Lohan

Lohan has her Porsche impounded

Lindsay Lohan has apparently been trying to squeeze as much living in before she checks into rehab — so much so that she reportedly ended up getting her Porsche towed in New York Saturday night, according to E! News.

The troubled actress was all smiles when she hit the Brooklyn impound lot earlier this week to retrieve the vehicle, even posting a photo of herself with a lot employee to Instagram.

There was no word on exactly what she'd done to get her car towed in the first place.

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Zach Braff getting kicked down over soliciting

Interview. The maker of Garden State comes under fire for reaching out to indie community for support in funding new film project

MICHELLE CASTILLO
Metro World News

Zach Braff has made a name for himself in Hollywood by playing the beloved role of JD in Scrubs and penning and directing the indie-hit Garden State. But for his latest project, he's gone directly to the people.

Hoping to keep final cut on Wish I Was Here, a film he co-wrote with his brother, Braff started a Kickstarter appeal to raise funds for the movie. While the project hit the $2 million goal in four days, some critics have angrily pointed out that well-known names like Braff shouldn't be going to the crowds to get money for their projects. We talked to him about the film, and the backlash.

Wish they would stop

"I think a lot of people definitely got their panties in a bunch. They definitely don't know all the facts."
Zach Braff

Congrats on reaching $2 million-plus. How does it feel?
Amazing! I feel so grateful to my own fans who rallied around us. We never knew what was going to happen and we gave ourselves one month to let it happen, and then to reach the goal in four days is beyond anyone's expectations. In fact, many people thought it wouldn't work at all.

Tell us a little more about Wish I Was Here. What kind of movie are you going to give Kickstarter funders with $2 million and counting?
The story is hard to explain without ruining it for so many people. There's a summary on the page. Backers will get as much information as they want — all of the images they want, spoilers if they want and ultimately they'll read the script if they've chosen that. But it's a story of a family who's struggling to get by in the valley of Los Angeles and trying to make ends meet and raise their kids. And the father, played by me, is an out-of-work actor wrestling to have his dreams come true as he gets a little bit older in his life.

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Listeners getting to know the real Johnny Marr

Interview. You know him from The Smiths and Modest Mouse, but it's time music fans get to know him for, well, being him

LINDA LABAN
Metro World News

Unlike Johnny Marr's 2003 album, which was credited to both the former Smiths guitarist and The Healers, his new album, The Messenger, bears just his name, marking a bona fide solo debut in more ways than title. From the opening power chord through wiry garage rock, pretty jangle pop and a touch of terse psychedelia, Marr is the guy at the front, not to the side, because his singing is equally expressive.

"There's got to be some benefits to getting older, and one of them is knowing yourself better and being OK with that. Not that I ever had a problem with who I was, except if I acted like a dick," Marr says with a laugh. "Where that's affected the new record is that I know what I'm interested in singing about and that's very handy when you're fronting a group."

Quote

"There's got to be some benefits to getting older, and one of them is knowing yourself better and being OK with that."
Johnny Marr
Talking about growing into his music

Before he set about making The Messenger, Marr knew he had to take his song ideas "home" and record in his native Manchester, England — not Portland, Oregon, where he's lived since 2005.

"I had an intuition that it would be good for the music. I didn't have a solid concept about representing Blighty. It's in no way nostalgic, God forbid," he says. "But in the back of my mind there was an attitude that I wanted to reconnect with — I guess I always carried it with me. But I wanted to be where I first developed that attitude."

Ever since the demise of The Smiths in the late 1980s, Marr's role was as producer or band member. Over the last decade, he joined both Modest Mouse and The Cribs.

"I've gone into doing this record with a sense of my audience. That wasn't the case when I made the Healers record. Now, it's more about the relationship not between me and the guys in the band, but me and my audience."

on Kickstarter

You've had a ton of supporters, but there's also people who weren't as supportive of the project. It was pointed out that you reportedly made $350,000 per episode for Scrubs. Do you feel you're on the defensive, more than you expected?
I think a lot of people definitely got their panties in a bunch. They definitely don't know all the facts. It is frustrating at times to read stuff on the web that is so misinformed, but I think it started a giant conversation that we're probably due to have because anyone who doesn't think that this is a way musicians and filmmakers and artists of all (types), whether they're known or unknown people, are going to be able to directly reach their fan base. I think those people aren't keeping up with what's happening.

To me, this was the next logical step.

Zach Braff has come under fire for using Kickstarter. HANDOUT

Kickstarter

What has Zach Braff funded on Kickstarter? Has he funded anything?

- **Quote from Braff.** "I funded these revolights bike lights. I ride my bike in Manhattan at night, which is dangerous as hell. The invention is as the wheels spin, it makes you light up. It makes you super seen without blinding any drivers. I thought it was a great idea. I became one of their backers."
- **What is some advice he has for filmmakers.** "Like any sales pitch, it's really about the video you make and being honest about the thing you want to do. The things I've supported on Kickstarter — I've supported about six things — the video is what got me; the passion of the artist and the sales pitch saying, 'Look this is what I want to do. This is why I want to do it.' I believed they could pull it off."

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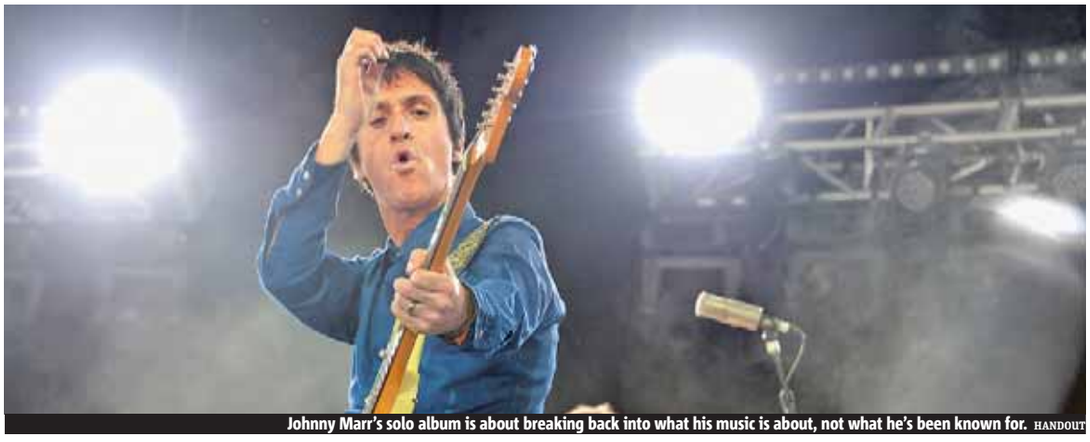

Johnny Marr's solo album is about breaking back into what his music is about, not what he's been known for. HANDOUT

All about the audience

"I don't know any other way of doing it properly. But, I've gone into doing this record with a sense of my audience. That wasn't the case when I made the Healers record. Now, it's more about the relationship not between me and the guys in the band, but me and my audience."

Johnny Marr
Talking about how this album is different.

Just a rumour

About that big, honking elephant that wandered into the room...

- **Putting it to rest.** Last year, the ever-present Smiths reunion rumours pinned hopes on a reformation at Coachella 2013. Given that Marr has made such a strong solo album, it's rude to even broach the subject. But, duty bound, we ask whether a reunion is a possibility. Marr answers tersely: "Impossible!"

LIFE 3

A trip to see, a riverboat fantasy

Cruising. Tired of the big box cruise ships? Try something a bit more adventurous — a trip down the Danube

DOROTHY ROBINSON
Metro World News in New York

A quaint cruise down the Danube will allow you to see a whole new side of Europe. JEFFOWENPHOTOS/FLICKR

If you go...

- **Visit.** vantagetravel.com for prices and schedules

Ocean cruising has its perks. Tropical destinations, all-you-can-eat buffets, water slides, bowling, free booze — it's a $30 billion business meant to cater to every whim. But sometimes the excessiveness of ocean cruising can overwhelm. What if you want to experience the joys of travelling by sea without thousands of people crammed alongside you; without paying extra for excursions, or having to adhere to a rigid schedule while visiting increasingly homogenized ports of call?

Riverboat cruising plucks the aspects that make ocean cruising so attractive — the ability to hit multiple destinations without unpacking, the collegial atmosphere on board, an international, knowledgeable staff, a cosmopolitan experience — while being more refined and smaller than their big-white-boat counterparts. As the name implies, riverboat cruising uses smaller vessels that stick mainly to rivers, mostly in Europe but also in Asia and the South Pacific, the Mediterranean and Northern Africa, and even Antarctica.

"Most of our guests are seasoned world travellers for whom the destination is still the main attraction. For them, it's not about all-night buffets or skating rinks or other novelties you find aboard big cruise ships — it's about the discovery," says Kevin Wallace, COO of Vantage Deluxe World Travel, a premiere riverboat cruising company based in Boston. "You unpack once, then sail right into the heart of ports great and small, where sightseeing and intercultural activities are always included."

With riverboat cruising, you sacrifice water slides for accessibility and a more unique experience. Smaller boats mean you can slip into smaller ports of call — you usually just walk off the boat and into the centre of town.

But riverboat companies aren't dumb, nor are they stuffy.

They include the perks North Americans know and love: full-service cocktail lounges with live entertainment, Internet cafés, excursions, and, yes, even all-you-can-eat breakfast and lunch buffets (as well as a formal sit-down dinner every night).

Wallace is celebrating the launch of the company's latest addition to their fleet, River Splendor. The new ship, part of a $120 million investment by Vantage, has a busy year ahead: After its March christening in Antwerp, Belgium, it will spend the spring, summer and fall cruising the Rhine, Main and Danube rivers between Amsterdam and the Black Sea as the lead ship on Vantage's most popular package, the Majestic Rivers of Europe: Castles, Cathedrals and Fairytales (with stops in Vienna, Budapest and the Czech Republic), as well as the Gateway to the Black Sea trip that takes travellers from Budapest along the Danube all the way to the Black Sea resort of Constanta, Romania.

So, with these trips, instead of onboard bowling you'll just have to enjoy a home-hosted lunch with a family in Croatia instead. In lieu of a Broadway musical at night, you'll have to settle for an exclusive classical concert at the Kursalon in Vienna.

Sounds like a pretty good trade-off, no?

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Get us to the Greek (Isles)

Stunning scenery. Azure oceans, craggy cliffs and sleepy port towns are just waiting to be discovered

DIANE TIERNEY
life@metronews.ca

One of the sweetest sights in the world is of Santorini, Greece.

The whitewashed houses and shops shaped like sugar-cubes cling precariously to sheer dramatic cliffs in many of its villages.

The scenery will hypnotize you into finding a comfortable perch at a cosy café to sip Nyxteri wine until sunset. It's no wonder the island is shaped like a fishhook.

It grabs your heart and soul — as do all the gorgeous Greek Isles.

Santorini, Corfu and Mykonos are three pearls in the chain that should not be missed.

On Santorini, visit Fira, the largest town with dazzling whitewashed houses. You can walk the steep streets from the harbour or take a donkey, but most visitors board the unforgettable cable car ride — at least those who aren't afraid of heights.

At the top, quaint shops, restaurants and cafés line narrow cobblestone lanes.

Each one is adorable and inviting, selling art, leather and jewelry. The nearby town of Oia is just as cute and only a 20-minute local bus ride away. It's a little less riddled by tourists, but also has quaint cobblestone lanes with spectacular views of blue-domed, whitewashed buildings.

Enjoy a casual lunch on a quiet patio overlooking the sea. Try dolmades — delicate parcels of grape leaves stuffed with savory rice and mincemeat, often served with an egg drizzled with lemon sauce. Afterward visit Kamari, the ancient port of Thera and a popular tourist resort famous for its dramatic black sand beach.

The island of Corfu is lush, fertile and covered in olive trees.

The old town has a beautiful garden zone called Spianada, ideal for strolling. The pretty arcaded terrace resembles the Rue De Rivoli in Paris. Narrow, winding streets feature tiny squares, richly decorated churches and a large English cricket pitch dating from the time of British rule.

For gorgeous scenery, visit the cliff-top villages of Paleokastritsa and Kinopiastes. And when you're hungry, try Pastitsio, a baked dish of minced lamb followed by Koum Kouat liquor, a local specialty.

The island of Mykonos offers a charming labyrinth to explore. Its narrow streets lined with cubic white houses and shops were designed specifically to confuse invaders.

Today the area lures tourists to the jewelry and souvenir shops and irresistible restaurants and cafés. At night, the clubs and bars are where young travellers from around the world mix and mingle.

One of the most beautiful icons on Mykonos is the Paraportianai church.

It has five churches united by a graceful arched bell tower. Four chapels form the base and the fifth church is on top in a central domed roof.

Mykonos is also known for its famous windmills that capture the strong winds from the Aegean Sea.

Few people leave Mykonos without having their photo taken in front of these picture-postcard icons.

Easy island-hopping

There are so many Greek Isles to enjoy that one of the best ways to see them easily and inexpensively is by cruise ship. Ferries are time-consuming and inter-island flights can be expensive since many of the islands are 100 to 200 nautical miles apart, and even further from the mainland. Princess Cruises has several ships that sail the Greek Isles on seven- to 24-day voyages from May to October. The longer itineraries often include overnight visits so you can enjoy the nightlife. Visit princess.com or call 800-774-6237.

You'll want to keep your camera out while walking around stunning Santorini. ALL PHOTOS: DIANE TIERNEY/METRO

Try sipping some wine while enjoying the views in Santorini.

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Travel tips

Find the best trip for your buck with some careful planning. ISTOCK

Frugal fun

ON THE MOVE
Loren Christie
life@metronews.ca

Purse strings a little tight? If you are hoping to not break the bank on your summer holiday, here are some tips to assist in your planning.

Avoid travelling in July and early August. If there are discounts in airfares and hotels to be had, you will usually find them in the first half of June and in late August through September. Research your destination and avoid being there during any big summer conventions. Hotels in city destinations raise their room rates in response to the high demand created by the influx of attendees.

Book your flights during non-peak times. Fly on a Tuesday or Wednesday midday when business travellers are less likely to be travelling. If you are heading South or to the U.S. consider driving to the nearest American airport and take advantage of cheaper fares on discount airlines that depart out of them.

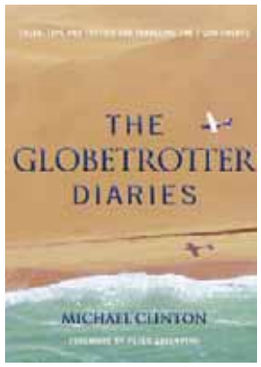
Embrace alternative accommodations. Instead of hotels, consider home exchanges, house sitting, bunking down in a university dormitory, camping in a national park, RV campgrounds and hostels. Every option has its own specific advantages and disadvantages, so choose based on your needs and budget requirements.

Check out all of the complimentary attractions destinations have to offer. Museums and art galleries often have a day of the week where there are no admission fees. Concert halls tend to offer free or reduced fee performances on mid-week afternoons. Historical sites are free or charge nominal entry. Plan your visit during one of the many summer festivals going on, which always include some low cost activities.

Travel tips from a bona fide Globetrotter

Pro pointers. Hearst Magazine publisher and 'travelaholic' Michael Clinton shares his advice for making your vacation great

MEREDITH ENGEL
Metro World News in New York



According to Michael Clinton, Paris is a bucket list must-see. ISTOCK

As the president and publishing director of Hearst Magazines, Michael Clinton does more than hop on flights for work. He's a self-described "travelaholic." And in his new book The Globetrotter Diaries, which he bills as hybrid travel guide and memoir, he shares his travel tips coupled with insider insights on his favourite destinations. With summer right around the corner, we asked Clinton to share some of his insider knowledge with the rest of us.

Fly early

"Take the earliest flight out to avoid delays in traffic, security and flight departures," says Clinton. "That 6 a.m. flight might mean a brutal wake-up call in the middle of the night, but you'll know that your airplane is there and it'll be one of the first flights out before the airport gets too congested. You'll have no traffic and you'll get through security faster."

Quoted

"An unhappy teenager can ruin any vacation. I've heard too many stories from parents who had a miserable trip because they were interested in visiting a place but their kids didn't want to go there."

Michael Clinton, author of The Globetrotter Diaries

Bring your family into planning

Make sure that there is something for everyone while planning your vacation. "An unhappy teenager can ruin any vacation," he notes. "I've heard too many stories from parents who had a miserable trip because they were interested in visiting a place, but their kids didn't want to go there."

Go with the flow (but have a backup plan)

Embrace your inner globetrotter and see where your travels take you. "Half the fun of travel is the unexpected," he notes. But some surprises aren't always welcome: Be sure to "read the fine print for extra charges" as well as "always have a Plan B, as a plan can oftentimes fall apart."

Get points

"Build on your favourite airline premium status for upgrades, faster boarding and special treatment."

Pack light

"Carry on at all times, regardless of how long you will be away. Think black, think washables."

Michael Clinton's top spots to see before you die

Paris, France
Santa Fe, N.M.
Antarctica

Classic Niçoise makes great appetizer or main with the addition of rotini

ROSE REISMAN
for more, visit rosereisman.com or follow her on twitter @rosereisman

This is a fantastic main course for lunch or dinner.

The healthy omega 3 fatty acids come from the tuna and help to lower the bad cholesterol and triglycerides.

Be sure, however, to only buy tuna packed in water, not oil, to save the excess calories and fat.

Ingredients

- 12 oz rotini
- 6 oz green beans, cut in pieces
- 1 3/4 cups chopped tomatoes
- 3/4 cup diced cucumbers
- 3/4 cup diced sweet red or green peppers
- 1/2 cup sliced red onions
- 1 can (6.5 oz or 185 g) flaked tuna packed in water, drained
- 1/3 cup sliced olives
- 1/2 cup chopped fresh dill or 125 ml 1 tbsp (15 mL) dried
- 5 anchovies, minced

Dressing

- 1/3 cup olive oil
- 1/4 cup lemon juice
- 1/4 cup balsamic vinegar
- 2 tbsp water
- 2 tsp crushed garlic
- Cucumber shavings

1. Cook pasta in boiling water according to package instructions or until firm to the bite. Rinse with cold water. Drain and place in serving bowl.

2. Blanch green beans in boiling water just until still crisp, approximately 2 minutes. Drain, rinse with cold water and add to pasta. Add tomatoes, cucumbers, sweet peppers, onions, tuna, olives, dill and anchovies.

3. Make the dressing: In small bowl combine oil, lemon juice, vinegar, water and garlic. Pour over pasta, and toss. Garnish with cucumber shavings. (For cucumber garnish, use a vegetable peeler down the length of the cucumber to create thin shavings).

ROSE REISMAN BRINGS HOME LIGHT PASTA (ROBERT ROSE INC) BY ROSE REISMAN

Nutritional Analysis

Per serving: 333 calories; 14 g protein; total fat 12 g; saturated fat 2 g; carbohydrates 45 g; 307 mg sodium; 4 mg cholesterol; 4 g fibre

Rotini Niçoise

This recipe serves eight as an app. It contains 333 calories and 12 grams of fat per serving. MARK SHAPIRO, FROM ROSE REISMAN BRINGS HOME LIGHT PASTA (ROBERT ROSE INC)

Drink of the Week

Eiffel Sour

- 1 oz Grey Goose Vodka
- 8 lime segments
- .25 oz simple syrup
- .25 oz St. Germain
- 1.5 oz Perrier sparkling water

In a cocktail shaker filled halfway with ice, combine Grey Goose Vodka, lime segments, simple syrup, and St. Germain. Shake well. Pour entire contents of the shaker into a tall glass. Top with Perrier and stir delicately.

RECIPE AND PHOTO COURTESY OF THE GREY GOOSE LOUNGE AT MUZIK IN TORONTO

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Take the opportunity to have a conversation with TTC staff and ACAT members on your own.

Open Public Forum: 7:00 p.m. to 9:00 p.m.

How to get there:

An accessible shuttle bus service will operate from Bathurst Station to the Queen Elizabeth Hall starting at 5:00 p.m. Return buses will start at 9:00 p.m.

Regularly scheduled accessible bus service is also available on the 29 Dufferin route.

For assistance in planning your trip using the TTC Accessible Transit Network, call TTC Customer Info at 416-393-4636.

www.ttc.ca 416-393-4636

SAFER DINING EXPERIENCES

NEW GUIDE HELPS RESTAURANTS DEAL WITH ALLERGIES

STOCKBYTE/THINKSTOCK

Living with food allergies can have an impact on many areas of your life. Aside from the health implications from food allergies, social situations can also be strained when you have serious health consequences around certain foods.

One area that's tricky for anyone with a food allergy, food intolerance or food-related autoimmune disorder is dining out at a restaurant.

Not only are you there hoping that you ask the staff the correct questions, but you are putting a lot of faith into them that they know how to safely handle your real food issues. Many people tend to avoid this situation all together because, for some people, it can be a matter of life or death.

A new guide developed from a collaboration between The Canadian Restaurant and Foodservices Association and Anaphylaxis Canada hopes to make dining out safer for customers while increasing the understanding of restaurant owners and staff.

Food Allergies: A Guide for Restaurants outlines common allergies and intolerances and stresses the importance of managing risks of complications through obtaining ingredient lists from suppliers. It also outlines the importance of avoiding substitutions that are not outlined in the menu and being aware of what cross-contamination is and how it plays into food safety.

Hopefully, as the guide becomes available, more restaurants will make it a priority to understand the food they are serving and how to better serve those with food allergies.

Yummymummyclub.ca is an online resource to help busy women survive motherhood.
– Devan McGuinness

PURESTOCK/THINKSTOCK

STAYING INFORMED IS CRITICAL

If you or someone in your family has allergies, you know that eating the wrong food can lead to symptoms such as hives or cramps. Those with severe allergies could even experience a life-threatening reaction.

There are strict federal regulations requiring allergen labelling for all food sold in Canada, whether it's produced domestically or imported. Pre-packaged foods that contain any of the 10 most common allergens must be clearly labelled with a warning.

The 10 most common allergens are:

1. Eggs
2. Milk
3. Mustard
4. Peanuts
5. Seafood (fish, crustaceans, shellfish)
6. Sesame
7. Soy
8. Sulphites
9. Tree nuts
10. Wheat

Sometimes a product that contains undeclared allergens does end up on store shelves. When that happens, the Canadian Food Inspection Agency (CFIA) issues a public warning advising consumers with allergies not to eat the product.

If you have allergy concerns, it's important to stay informed about food recalls and public warnings by signing up at HealthyCanadians.gc.ca, to receive email notifications from the CFIA. The site is also a valuable resource for all food safety information. *– News Canada*

AT RISK OF ANAPHYLAXIS? LET'S TALK

Tess Bantock is one of thousands of Canadians who have a potentially life-threatening allergy.

If the 19-year-old university student ingests the wrong food, even the tiniest amount, she could suffer anaphylaxis — a rapid and severe reaction that can compromise respiratory and cardiac functions.

"I have to be constantly aware and vigilant," Bantock says. "I have to read food labels, know about food ingredients, and try to make sure that what I eat is safe. Even then, I have to be prepared to manage the unexpected allergic reaction."

There is no cure for anaphylaxis. The only way to manage it is to avoid the allergen triggers. But complete avoidance may not always be possible. For example, there can be hidden sources or trace amounts introduced during food preparation and handling. That's why being ready for an emergency is so critical.

In the event of a severe allergic reaction, the injection of epinephrine is the emergency treatment of choice. For this reason, all individuals at risk, and their caregivers, should always carry and know how to use an epinephrine auto-injector.

Incredibly, many do not.

"A lot of patients and caregivers are unprepared," says allergist Dr. Susan Waserman.

"They run the risk of not being able to respond quickly to treat an anaphylactic reaction."

In a recent study conducted by Leger Marketing, 57 per cent of adults and parents of children at risk of anaphylaxis did not consistently carry their auto-injector, and 16 per cent were not confident in their ability to correctly use it.

A new epinephrine auto-injector, now available in Canada, has been developed to help address these gaps. Allerject™ is indicated for the treatment of anaphylaxis reactions. It has automated voice instructions that guide patients and caregivers through the correct use of the device. Its compact size also makes it convenient to carry, encouraging compliance with recommendations that epinephrine should be available at all times.

Bantock says what she likes most about the new auto-injector is that it allows her to be proactive in managing anaphylaxis, while living a normal and active life.

"It's there if I need it, but it's discreet and unobtrusive. And my friends and family appreciate that if I need help, Allerject™ will 'talk' them through the injection process."

It is important to seek immediate medical assistance or go to the emergency room after using epinephrine and to stay close to a hospital for the next 48 hours. Always read and follow the label.

Go to www.allerject.ca to learn more.

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SANOFI

From collegiate to corporate

Transition. Here are a few tips on making the leap from student to working professional

ASHLEIGH TRAHAN
TalentEgg.ca

Summer is nearly upon us. And while some students are off to work at short-term summer jobs, graduates are facing the end of their academic careers and making the transition into full-time working professionals.

I know from experience that this transition isn't easy. While I was a Type A student in some respects, other behaviours made me less than mentally prepared for a 9 to 5 job. I kept odd hours, furiously writing essays until sunrise, and enjoyed drinking one too many pints on Tuesday nights.

In the interest of saving you some office-related troubles (not to mention a terrible Wednesday morning hangover), here's some advice on how to make the leap from co-ed to corporate life.

Invest in an alarm clock

One of the first things you might notice is the never ending exhaustion that comes along with having to wake up at the exact same time, every single day.

In all seriousness, it can be tough to reconcile your old student ways with a rigid schedule. If it all becomes too much, schedule time for yourself to enjoy the odd night of regression into student-like fun. "Grown-ups" can enjoy beer pong and pizza every once in a while too.

Remember, you're not being graded on this

In school, there is an intense fear of failure that drives you to achieve perfection (or at least a reasonable grade). Failing a class or test meant that you'd have to repeat your class.

But in the working world, you have to accept that perfection is the enemy of the good, and answers to complex business problems are not as cut and dry as a multiple-choice exam. In fact, failure is one of the best ways to learn. This is not a class where you'll be docked points for the wrong answer, so don't be afraid to pipe up with your ideas.

Embrace uncertainty

When you're caught up in meetings, deadlines or emails, you may have a moment when you realize this is not the swishy, Don Draper-esque job that you envisioned for yourself. It's going to take time to develop your identity in the working world and in your new life as an adult.

Enjoy where you're at, even if your job isn't the life-changing work you imagined whilst reading Sartre in the gentle bosom of academia. Embrace this somewhat confusing period in life as a time for self-discovery.

TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR COLLEGE AND UNIVERSITY STUDENTS AND RECENT GRADUATES.

Recall the motivational milestones of student life

As a young professional, I've found I can harness the power of those by-gone academic milestones to grow in my personal and professional life.

- In spring when you'd usually be buckling down for exams, instead get serious about work or personal projects that may have fallen off your radar.
- In the fall, use that autumn motivation to learn new skills by signing up for continuing education courses, or picking up good habits that might have fallen by the wayside in the lazy days of summer.

It can be tough to reconcile student ways with a rigid schedule. ISTOCK IMAGES

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5 ways volunteering can boost your career

Reasons to give. Build your skill sets, network with the right people and develop soft skills by donating your time

KATE MILLS
TalentEgg.ca

As you transition into summer and start looking for work, don't underestimate the power of volunteering and how it can benefit your career.

In Give and Take, author Adam Grant explains how giving can boost your career. He says the most successful givers are those who rate high in concern for others but also in self-interest.

So with that in mind, here are some reasons to give:

You never know which contact could lead you to your dream job.
ISTOCK IMAGES

Work experience

Instead of applying for entry-level jobs that ask for experience you don't have, get it by volunteering — such as what I'm doing in communications at Students Offering Support.

Whether it's working with a new computer program, helping to develop a new website or using a second language, there are specific skills employers look for that you can develop by volunteering — not to mention soft skills such as team work, communication skills, adaptability and time management.

Update your resumé

A sure-fire way to have relevant experience on your resumé is by volunteering in an area where you want to build your career. A survey by TimeBank through Reed Executive found that 73 per cent of employers would recruit a candidate with volunteering experience over one without.

Networking

Volunteering at an organization that does work you want to be involved in is a natural way of networking with the right people. You meet contacts who have contacts, and you never know who might be the contact to lead you to the job you've always wanted.

It could lead to a job

In Give and Take, Grant tells the story of George Meyer, one of the writers for The Simpsons, who many credit as being the creative genius of the show.

Before Meyer got his gig with The Simpsons, he self-published a comedy magazine just to have variety from his other job. It was a hit and made it on Rolling Stone's Hot List of the year's best in entertainment.

His magazine got so many submissions that he had to turn some of them down. Not being able to bear that, he shut the magazine down after the third issue.

The magazine ended up in the hands of The Simpsons' executive director just as the show was getting off the ground and he was looking to hire a writing team. He hired Meyer and some of the contributors to his magazine.

Take-away point: By doing something for free, it led to work on a highly successful television show for him, and for the people he gave the opportunity to.

Improve your interviews

If you have recent and relevant career experience, you will feel more confident and have more to talk about in your job interviews.

Plus, when you're volunteering with a non-profit organization, you're also working somewhere that actually makes a positive difference in the world, which can't hurt.

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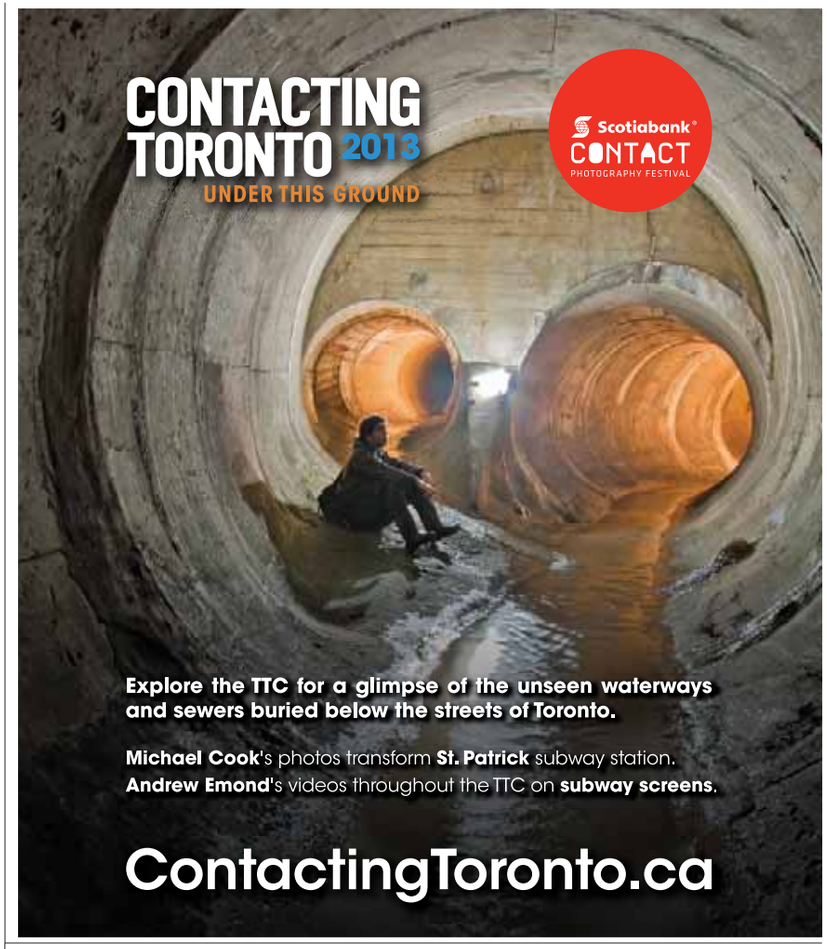
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Bozak says he's ready to go for playoff opener

NHL playoffs. Top-line pivot says upper-body injury won't keep him out of Leafs' first playoff game since 2004

Leafs Phil Kessel, left, and Tyler Bozak talk at practice on Tuesday in Etobicoke. LUCAS OLENIUK/TORSTAR NEWS SERVICE

Tyler Bozak isn't interested in watching the Toronto Maple Leafs' first playoff game in nine years from the sidelines.

The Leafs' No. 1 centre went through a full practice Tuesday and expects to play Wednesday when they visit the Boston Bruins to open their best-of-seven Eastern Conference first-round series.

Bozak missed Toronto's final two regular-season games with an upper-body injury. He skated briefly Monday, but left practice early.

Bozak said Tuesday he felt good and desperately wants to be on the ice for the opener.

"It's really important," he said. "We've come a long way as a team the last couple of years and especially this year.

"We've played pretty good hockey together as a group and it would be tough to sit back and watch the most important time of the year."

Having the six-foot-one, 195-pound Bozak in the lineup is a huge boost for Toronto. The 27-year-old Regina native had 12 goals and 16 assists in 46 regular-season games but was also the club's top faceoff man.

"When you have a player that takes all the important faceoffs for you that's the first place you miss him," said Toronto head coach Randy Carlyle. "We seemed to be at a disadvantage, we didn't start with the puck enough.

"Bozie is a real smart hockey player. He knows where to be on the ice, the puck kind of follows him around and his game is one where he does a lot of the little things that aren't noticed but you notice them when he's not there."

Bozak skated Tuesday with regular linemates Phil Kessel and James van Riemsdyk and certainly didn't look out of place. Kessel, who spoke with reporters twice Tuesday after declining to do so Monday, was glad to have his regular centre back.

"Bozie has been a big part of our team this year," Kessel said. "He's a great player and I love playing with him."

THE CANADIAN PRESS

Round 1 schedule

- **Game 1.** Leafs at Bruins, Wednesday, May 1.
  Game 2. Leafs at Bruins, Saturday, May 4.
  Game 3. Bruins at Leafs, Monday, May 6.
  Game 4. Bruins at Leafs, Wednesday, May 8.
  ***Game 5.** Leafs at Bruins, Friday, May 10.
  ***Game 6.** Bruins at Leafs, Sunday, May 12.
  ***Game 7.** Leafs at Bruins, Monday, May 13.
  * If necessary
  (All games televised on CBC, RDS. All start times are 7 p.m., except Games 6 and 7 (to be determined).

Face-off man does his lip service

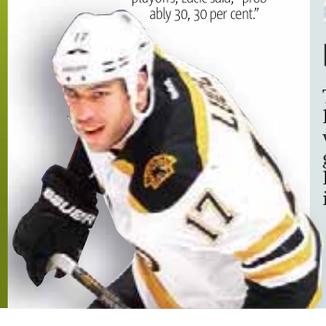
"I can't grow much and I have to start a little earlier than a few of the guys. Hopefully we can go a long way and see how big I can get it."

Leafs centre Tyler Bozak on his playoff moustache, which he started growing two weeks ago.

Next level awaits

"I think on every team you get to see the guys who are willing to put themselves and their bodies on the line in order to win, and who the pretenders are. It's going to come out in this series."

Bruising Bruins forward Milan Lucic. When asked to give a ballpark number to quantify the increase in intensity in the playoffs, Lucic said, "probably 30, 30 per cent."



Four ways to fight a bear

The Leafs lost three-of-four games against the Bruins this season, but one of those losses came in the shootout, an upgrade from recent seasons when meetings with Boston meant blowouts. Here are four ways the Leafs can continue to close the gap: **TORSTAR NEWS SERVICE** Photos by Getty Images

1 Don't give up

The Bruins possess the league's second-worst winning percentage in games where they were leading at the second intermission. None of the NHL's worst six teams in that category made it to the playoffs.

2 Battle at the dot

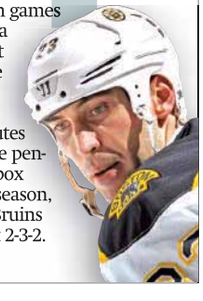
Could be a tall order for the Leafs' with top faceoff man Tyler Bozak battling injury. Getting Bozak and his 52.6 per cent faceoff rate back will be crucial. Boston is by far the NHL's best faceoff team, winning 56 per cent. (Toronto won 50 per cent). Bruins centre Patrice Bergeron leads the NHL with a 62.1 per cent faceoff average.

3 Turn off the power

Boston has the NHL's fifth-worst power play, converting at 14.8 per cent. Given the Leafs finished the season with the league's second-best penalty kill, the combination bodes well for Toronto.

4 Pester the big fella

Zdeno Chara leads the Bruins in ice time. He's their defensive rock. Drawing him into penalties, though no easy task, would be beneficial. In the seven games Chara spent more than two minutes in the penalty box this season, the Bruins went 2-3-2.



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2400 Eglinton Ave. W
2900 Warden Ave.
130 King St. W, Unit CW15
3401 Dufferin St., Unit 108
1 Yorkdale Rd., Unit 180
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Celtics laud ex-teammate for coming out

Jason Collins attempts a shot during his stint with the Celtics.
GETTY IMAGES FILE

Jason Collins. Gay basketball player left a lasting impression on Boston team

Celtics coach Doc Rivers wishes Jason Collins had gotten more rebounds. Jeff Green liked the screens his former teammate set. Jason Terry would love to have Collins' toughness in the playoffs.

And they're all happy for Collins after he came out as gay.

None of the Celtics expressed concern Tuesday about having been on the same team as a gay player. They did care about what he did to help Boston win games and about how he might help other gay athletes.

"There are so many professional athletes, there are so many human beings that live a dark life, that are scared to expose it because of the exposure of sports and what people may think about them," Paul Pierce said. "I think what he did was a great thing just to open the door for a number of athletes who probably now are going to have the courage to come out."

Rivers said Collins told him he was gay "a couple of days" before his announcement Monday on Sports Illustrated's website.

"I don't know if (I was) surprised, or really didn't care one way or the other," Rivers said. "It's a non-factor to me. And I know it is a factor to a lot of people. I just have never understood why anyone cares about what someone else does.

"He told me he was coming out and I told him, 'great, you know, good. Let's move forward.' And I jokingly said, 'I wish you could have gotten me more rebounds,' because that's all I care about."

The seven-foot Collins played 32 games for the Celtics in his only season with them before being traded on Feb. 21 to Washington. He is now a free agent.

THE ASSOCIATED PRESS

Paying tribute

98

The number Jason Collins wore while with the Boston Celtics and the Washington Wizards to honour Matthew Shepard, a gay University of Wyoming student who was robbed and beaten to death in 1998.

Inclusion Forum

NCAA president Mark Emmert opened Tuesday's second Inclusion Forum by urging campus leaders to make school policies more welcoming for women, minorities, disabled athletes and those with different sexual orientations.

- While he didn't cite Jason Collins specifically, he acknowledged that Collins' disclosure that he's gay could have a ripple effect on how college athletic departments treat other players and coaches.

NBA

Zen Master to T.O. speculation heats up once again

An NBA boardroom decision that reverberated from the Pacific northwest through North California might have repercussions much further east.

Like in Toronto.

A 12-member committee of NBA owners has voted unanimously to deny the Sacramento Kings the right to move to Seattle for next season, a decision that could ripple through the Raptors front office.

Seattle was seen as a possible landing place for former Los Angeles Lakers coach Phil Jackson in some sort of front office overseer and with that now out of the picture — the full NBA board is almost certain to ratify the committee's recommendation — Jackson speculation can heat up in Toronto.

Jackson is a colleague of newly minted Maple Leaf Sports and Entertainment president and chief executive officer Tim Leiweke. Leiweke and ownership still have to decide the fate of current Raptors president Bryan Colangelo; Jackson is reported to want something like a presidency and control of all things basketball as opposed to another coaching job.

Ergo, Jackson-to-Toronto heats up one more time, just as it did hours after Leiweke was appointed to his new job last Friday.

TORSTAR NEWS SERVICE

'Distraction'

ESPN says it regrets reporter's comments

ESPN says that it regrets the "distraction" caused by one of its reporters who described Jason Collins as a sinner after the NBA centre publicly revealed that he was gay.

Chris Broussard, who covers the NBA for ESPN, had said on the air that Collins and others in the NBA who engage in premarital sex or adultery were "walking in open rebellion to God, and to Jesus Christ." Broussard, a former reporter for The New York Times, spoke during ESPN's "Outside the Lines" program Monday discussing Collins' announcement.

"ESPN is fully committed to diversity and welcomes Jason Collins' announcement," ESPN's Josh Krulewitz said.

THE ASSOCIATED PRESS

Female sports reporter reminds Cherry of his heroics

Nearly 40 years ago, Robin Herman, then 23, of the New York Times, paved the way for female sports reporters when she became the first woman to enter an NHL dressing room.

And of all dressing rooms — it was the one coached by Don Cherry.

Yup, the same guy who caused a ruckus on Hockey Night In Canada on Saturday when he said female reporters shouldn't be in an NHL dressing room.

In a "Dear Don" written by Herman to Cherry, and published Tuesday by ESPNW.com, she reminded the often controversial Coach's Corner star that he was her "hero" for what he had done for her "back in the day" and how gracious he was to her in the "Big Bad Bruins" dressing room at the time.

Herman and other female reporters share their stories in the upcoming film Let Them Wear Towels that is part of the ESPN's documentary series Nine for IX.

"I couldn't believe what I was hearing. Don't you remember? I guess you don't," Herman said about Cherry's television remarks.

"You were the first coach in the NHL to allow me, a female, accredited sports reporter and member of the Professional Hockey Writers' Association, into your locker room as a matter of policy."

TORSTAR NEWS SERVICE

Don Cherry and Ron MacLean talk about women in dressing rooms during Hockey Night In Canada on Saturday. TORSTAR NEWS SERVICE/SCREEN GRAB

Encarnacion's bat powers Blue Jays to win over Red Sox

Blue Jays third baseman Brett Lawrie throws to first for an out against the Red Sox on Tuesday at Rogers Centre. TORSTAR NEWS SERVICE

MLB. Toronto snaps four-game losing streak while handing Boston its first loss in six contests

Edwin Encarnacion homered twice and Rajai Davis scored three runs to lead the Toronto Blue Jays to a 9-7 win over the Boston Red Sox at Rogers Centre on Tuesday night.

Encarnacion launched a two-run blast into the fifth deck in the fifth inning and later restored Toronto's lead with a two-run shot in the seventh to help the Blue Jays end a four-game losing skid.

Toronto (10-17) added an insurance run in the eighth when Colby Rasmus drove in J.P. Arencibia with a one-out single. Reliever Steve Delabar (2-1) got two outs for the victory and Casey Janssen pitched the ninth for his seventh save.

David Ortiz homered and drove in four runs for the Red Sox, who had their five-game winning streak come to an end. Boston still owns the best record in the major leagues at 18-8.

Toronto starter Brandon Morrow allowed six hits and three earned runs over five innings, striking out seven and walking three.

Boston starter Jon Lester gave up five earned runs and six hits over six innings. He walked two batters and had five strikeouts.

Reliever Junichi Tazawa (2-1) shouldered the loss.

The game took three hours 14 minutes to play. Announced attendance was 22,915. THE CANADIAN PRESS

Nuggets force Game 6

Denver Nuggets guard Ty Lawson passes the ball as he runs into the defence of Golden State Warrior Klay Thompson during Game 5 of their Western Conference playoff series on Tuesday in Denver. The Nuggets won 107-100 to prolong their season. The Warriors lead the series 3-2 with Game 6 on Thursday. DOUG PENSINGER/GETTY IMAGES

MLS

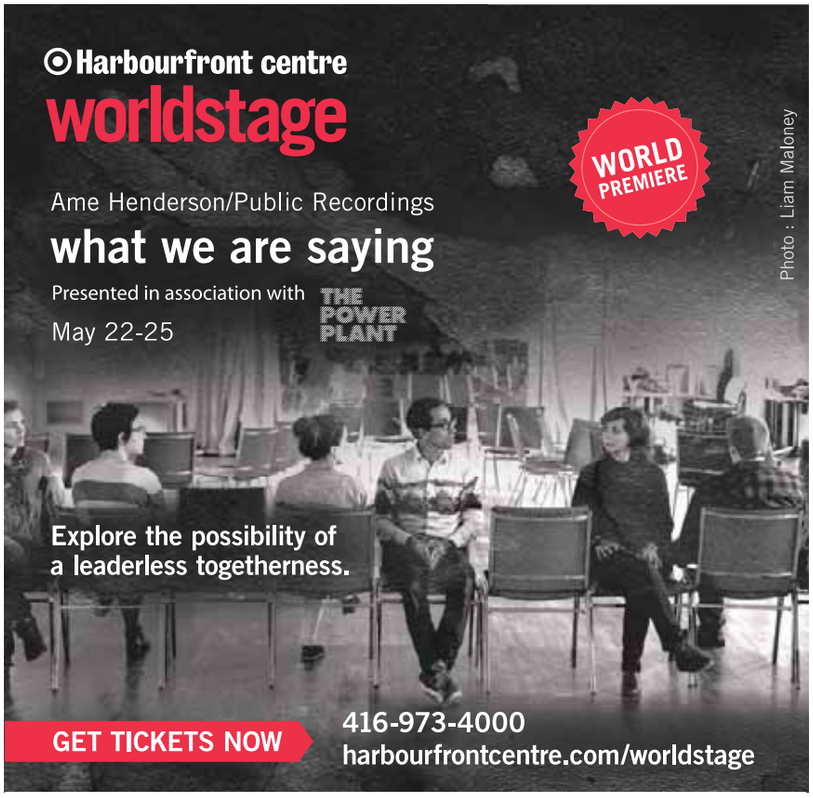
TFC coach insists he'll put his best team on the pitch

It doesn't matter that Toronto FC has a two-goal lead, or that the game falls smack-dab in the middle of their busiest stretch of the season.

Toronto coach Ryan Nelsen insisted he'll field his strongest squad Wednesday when Toronto battles the Impact in Montreal in the second leg of the Amway Canadian Championship semifinal.

"I'm playing my strong team that I think is going to win," Nelsen said after practice Tuesday. "I don't care if it's the World Cup you're playing for or if it's a clump of dirt. Every team we put out for Toronto we try and win games."

Toronto won the opening game 2-0 last Wednesday at BMO Field, meaning Montreal will need to beat Toronto by three goals in the return leg at Saputo Stadium. THE CANADIAN PRESS



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Base price: $34,550

2013 Hyundai Santa Fe XL

- **Type.** Four-door, front- /all-wheel-drive wagon
- **Engine (hp):** 3.3-litre DOHC V6 (290)
- **Transmission.** Six-speed automatic
- **Base price (incl. destination)** $31,900

Design

The Santa Fe's trimmer, sleeker design also places it higher on the attractiveness scale. Abandoned is the soap-dish shape that was in evidence with first and second-generation wagons. Along the sides and rear deck, the sheet metal is now as crisp as a starched shirt, while the grille copies a familiar Hyundai style.

Steering

Another feature is the Driver Selectable Steering Mode, which has Comfort, Normal and Sport settings. Selecting Comfort reduces steering effort by 10 per cent and aids parking maneuverability. Inversely, the Sport position firms up the steering by the same amount and increases "on-centre feel" for better highway control.

The 3.3 litre V6 engine (290 hp)

All wheel drive

AWD increases the Santa Fe's $29,200 base price by $1,750, but is well worth it for the added control and peace of mind in slippery, muddy conditions. The system has been engineered to shift torque to a single wheel, if necessary, depending on weather and driving conditions.

Review. If you need more than five chairs and all wheel drive, this is the Hyundai for you

MALCOLM GUNN
wheelbasemedia.com

The driving distance from Veracruz, Mexico, to Santa Fe, N.M., is more than 2,500 km But Hyundai's recently retired Veracruz wagon and the 2013 Santa Fe are much closer. Until its demise following the 2012 model year, the Veracruz represented Hyundai's mainstay transport for people requiring accommodations for up to seven-passengers and their belongings. Its drawbacks, including a hefty 4,300-pound base weight, eventually put it out of the running.

The Veracruz's capacity, if not its name, has been replaced by the Santa Fe, or at least one version of the Santa Fe. For the 2013 model year Hyundai has seen fit to create both a five-place model, called the Santa Fe Sport, plus an extended-length model with four inches added between the front and rear wheels that can seat six or seven, depending on the configuration. The Santa Fe now closely matches the boxier Veracruz's total cargo capacity, but is lighter by about 320 pounds.

The Santa Fe's interior reveals that Hyundai is really getting the hang of what constitutes great interior design. From the sculpted dashboard and door panels to the inwardly angled primary gauges, the look is strictly premium, even without the available leather seat coverings or eight-inch touch-screen display.

The base GLS is fitted with a solid array of content but stops short of going overboard. For that you'll need to move up to the Limited that comes with dual-zone climate control, eight-way power driver's seat, heated second-row seat, power tailgate, rearview camera, push-button start and 19-inch alloy wheels. Heading an extensive list of options is an eight-inch touch-screen navigation system and a 550-watt 12-speaker premium audio package.

The attractive Santa Fe provides more of everything to more people. Factor in a thrifty V6 and the technological improvements and it's a certainty that most Hyundai shoppers won't miss the Veracruz.

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MKS offers affordable auto luxury

Second Gear.
2009-2012
Lincoln MKS

JUSTIN PRITCHARD
drive@metronews.ca

The Lincoln MKS's job was to bring Ford's presence into the luxury car scene, challenging luxury and entry-luxury models like the Volkswagen Passat, Chrysler 300, Acura TL, BMW 5-Series and Audi A6.

Big, handsome and generously proportioned, the MKS packed plenty of space for a four or five-person road trip. Technology abounded—and features like voice-command, navigation, full Bluetooth connectivity and an advanced parking system were all available. Climate controlled leather memory seats, a THX audio system and multi-zone climate control added to its promise of affordable high-class luxury.

PHOTO: HANDOUT

Common Issues

Once you've confirmed proper operation of all interior electronics, pay special attention to the audio system. Ensure the THX unit plays back music from all sources clearly—and without popping or hissing. If that's not the case, a Technical Service Bulletin may help solve the issue. Cycle the climate control system through its various settings as well, noting any unusual clicking or popping noises and checking for proper operation. A 'door blend actuator', which opens and closes flaps within the climate control system, could cause these problems if it goes bad. Ensure the transmission shifts smoothly and eagerly through the gears. Hard shifting or a 'clunking' sensation could indicate a problem with the transmission or its control module. On models with All Wheel Drive (AWD), have a part called the Power Take Off (PTU) unit checked for signs of leakage by a Ford or Lincoln mechanic.

Engine

Look for V6 power all around—namely from a naturally-aspirated 3.7 litre unit with 273 horsepower, or a twin-turbocharged 'EcoBoost' 3.5 litre V6 with 355. All models got an automatic transmission. Front-drive was standard and AWD was available, though standard on EcoBoost powered models.

Verdict

In the used market, MKS will be tough to beat where overall size, performance, comfort and feature content is concerned. A non-turbocharged, front-drive model will be the cheapest to insure, fuel and maintain.

What owners dislike

Some owners wish for better mileage and a firmer, sportier ride.

What owners like

Power output, space, comfort and interior quality were all highly rated by MKS owners. A commanding driving position is also favoured. Overall, this appears to be a car loved for delivering affordable access to the motoring high-life.

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2006 HONDA ACCORD SE	Black	4DRS AU AC ABS PW PL PM Stereo/CD PSunroof Alloys, Certified, Extra Clean	93,128KM	6383	$10,388
2007 HONDA CIVIC SED. LX AUTO	Black	4DR AUTO ABS. PW PL PM Stereo/CD Alloys Certified Like New	72,851KM	6692	$11,888
2008 HONDA CRV EX-L	Black	4X4 Auto Dual AC Loaded Leather Seats P.Sun Alloys Stereo/Cd Certified Mint Condition	64,125KM	6699	$19,888
2009 HONDA ACCORD EX	Black	4DRS 4 CYL AU AC ABS PW PL P.Sunroof Stereo/CD Alloys Certified Comprehensive Warranty To Dec 4, 2015	87,001KM	6662	$18,388
2009 HONDA ACCORD EX-L 4CYL	White	4DRS 4CYL AU Loaded Leather Seats P.Sunroof Alloys Certified, Balance of Factory Warranty Jan 15, 2015	25,694KM	10243	$22,388

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Autopilot. Clean out the car, run over the ice scraper, show your support for the Leafs and prepare for the sunshine months

AUTO PILOT
Mike Goetz
drive@metronews.ca

Feels like spring is finally here.

I realize it may not be spring everywhere, and especially in southern Manitoba, where they're expecting another snow storm this week, and this just after the week the Winnipeg Jets were officially eliminated from the Stanley Cup playoffs, but I can only commiserate so much with others. I've got to get on with my own life.

Last Saturday was beautiful and warm. I had some errands to run with our Honda Fit. But before I did that I took off the winter tires and replaced them with the summers. Then I was off on my errands, which I could do with the window down and the radio up, something I haven't done since September. It felt pretty good.

It felt so good in fact that I thought of all the other things I should do, automotive wise, now that spring has sprung. Here's my list…

• Take ice scraper out of the car. Lay it on the road. Run over it.

• Replace windshield wiper fluid with summer margarita formula.

• Wash the vehicle with lots of suds, and wearing only leopard print speedo.

• Install new bumper sticker. Something like, "Reality is the Only Obstacle to Happiness" or "I Used to Have a Handle on Life, But it Broke".

• Make sure horn is working properly and install Toronto Maple Leaf flag on the side glass, to participate in mass celebratory parade when Leafs win their first play-off game.

• Rent industrial vacuum used in the mining industry to suck french fries out from their bunker positions deep under the rear seats.

• Make a new CD compilation of driving tunes. On second thought, commandeer our teenagers to do this — they're so much more fluent with the digital formats.

• Re-visit favourite pot holes before they get covered over and are lost forever. Maybe take pictures and create a collage.

I hope you have your own automotive spring to-do list. It's the most hopeful time of year and a chance for renewal, for both you and your vehicle. Please don't waste the opportunity.

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2013 IIHS TOP SAFETY PICK+ Built after December 2012

Fusion Titanium model shown

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2013 ESCAPE S

2013 IIHS TOP SAFETY PICK

Escape Titanium model shown

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Horoscopes

♈ Aries
March 21 - April 20
You don't have to feel sorry for someone if you think they don't deserve it. Be true to yourself and be honest about your feelings. There are many injustices in the world but few if any of them are your fault.

♉ Taurus
April 21 - May 21
Mars in your birth sign endows you with self-confidence but with Saturn also in the picture, be cautious. Whatever you choose to do, it will have repercussions.

♊ Gemini
May 22 - June 21
It may seem to other people that you are easily manipulated but it isn't the truth — and it gives you an advantage. Let your rivals think you are weak then, when they are least expecting it, you can hit back.

♋ Cancer
June 22 - July 23
Decide what it is you want to do, then look for ways to pay for it. If you are thinking about changing what you do for a living, put job satisfaction at the top of your list.

♌ Leo
July 24 - Aug. 23
You may feel you got less than you deserve from some kind of service but don't make a fuss about it. You will soon get a chance to improve your status. You are in fact in quite a strong bargaining position.

♍ Virgo
Aug. 24 - Sept. 23
You won't lack for enthusiasm today but what about common sense? Virgos like to think things through carefully but Mars may encourage you to take risks. In a word: don't.

♎ Libra
Sept. 24 - Oct. 23
If there is something you want, you will find a way to get it no matter what obstacles are in your path. Once you possess it, you may find it isn't that great after all but it's the challenge that excites you.

♏ Scorpio
Oct. 24 - Nov. 22
Don't bother trying to explain your actions to people because they won't understand. Just do what you have to do and ignore whatever criticism may come your way. What do you care what other people think?

♐ Sagittarius
Nov. 23 - Dec. 21
You may be laid back but some people can be fussy and no doubt certain individuals will have a good moan today. Find ways to blot them out of your consciousness.

♑ Capricorn
Dec. 22 - Jan. 20
It all seems to be coming together now. What could go wrong? Quite a lot actually. With Mars opposing your ruler Saturn today, you need to keep your wits about you. Who do you trust? Only yourself.

♒ Aquarius
Jan. 21 - Feb. 19
Be honest about your feelings today and make sure everyone else is honest about theirs too. Some of things you hear won't be pretty but it will be better if everything is out in the open.

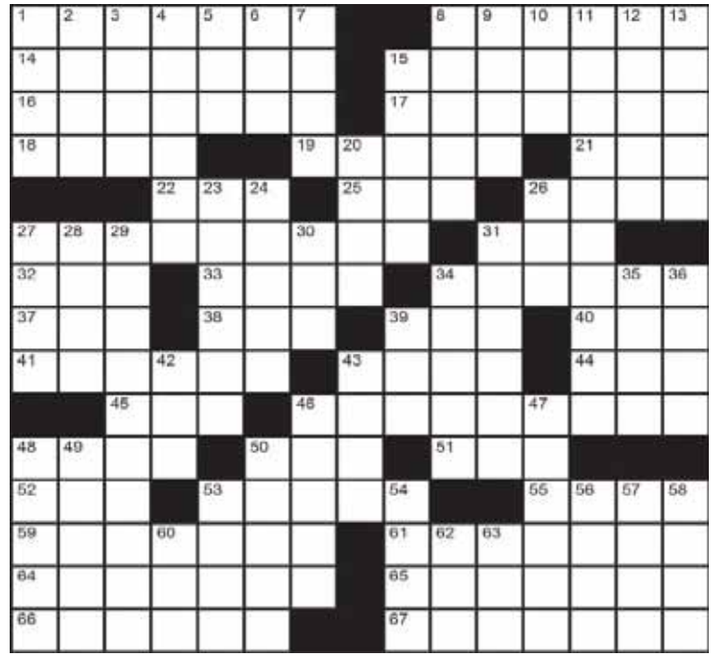
♓ Pisces
Feb. 20 - March 20
If you must get involved in a dispute, make sure you keep your head. The planets are stirring things up a bit and there will be disagreements.

SALLY ROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN



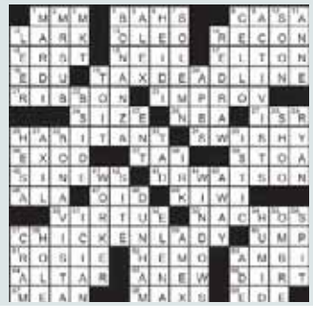
Across

1. Hot trend in skincare, _ _ __
8. The Wealthy __ (Bestseller by David Chilton of CBC's "Dragons' Den")
14. Musician Ms. McKennitt, born in Morden, MB
15. French actress, Catherine __
16. "You've Got to Pick _ __ or Two": Song from Oliver!
17. Jennifer of "Friends"
18. Filled food
19. Potatoes, in slang
21. Boxing bout ender, commonly
22. Gov. gigs
25. Li'l reply
26. Charges
27. 17th-century Dutch painter
31. Poetic contraction
32. Eggs, science-style
33. Victory shouts in Spain
34. Anti-virus software brand
37. Myrna of movies
38. Haunted house haze
39. Ex of Britney's, K-__
40. Alias indicator
41. Kept as is: 2 wds.
43. Knit stitch
44. Gravestone engraving
45. Movie studio area
46. Royal Canadian Navy warships in WWII
48. Songstress Sheryl
50. Harry's pal at Hogwarts
51. Paul Anka song: "__ Beso (That Kiss!)"
52. W5 extra
53. Pops in the post
55. Present
59. Do surgery
61. Mysteries
64. Venus neighbour
65. Netflix thriller, "__ Grove"
66. Type of dessert
67. Atones

Down

1. Meadow cry
2. Gene Vincent's "Be-__-_-Lula"
3. Colourfully comfy shoe
4. De-tangle one's hair again
5. "Spider!!"
6. 'Germ' add-on (Relevant)
7. At-the-door rugs
8. Gives in
9. Cuckoos
10. __ judicata (Settled court matter)
11. Canuck pastry: 2 wds.
12. Call forth
13. Jobs for Mike Holmes
15. Intimidate
20. Office supplies
23. Earning
24. Beauty parlor
26. __-de-lance (Type of snake)
27. Bread basket item
28. "Hurray!" in ancient Greece
29. April showers bring them: 2 wds.
30. Positive opposite [abbr.]
31. Bunches and bunches
34. Audacity
35. "__ from Muskogee" by Merle Haggard
36. Short snoozes
39. Item traded in Canadian history
42. Haul
43. "On Golden __"
46. Canadian rock band, __ Hatch
47. Sort of switch
48. Eat loudly
49. Boxing technique, __-_-dope
50. Attempt again
53. 'Dino' suffix
54. "__ gut!" (Very good, in German)
56. Bruce Springsteen's "__ Fire": 2 wds.
57. Bit of truth
58. "How naughty!" [pl.]
60. Something the cashier gives you, for short
62. Maiden name indicator
63. Tip to 'act' (Influence)

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku

8	5	2	7	6	9	4	1	3
3	6	9	1	8	4	2	5	7
4	1	7	3	2	5	9	6	8
5	8	4	9	7	3	6	2	1
6	7	3	2	5	1	8	4	9
2	9	1	8	4	6	7	3	5
7	4	6	5	3	8	1	9	2
1	3	8	4	9	2	5	7	6
9	2	5	6	1	7	3	8	4

5					8		7	
			6	3			4	
	6		7					9
	4	8		5				
1			2		7			8
				4		9	3	
8					6		2	
	9			2	3			
	2		1					6

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20°/11°
Mainly sunny
Thursday
20°/10°
Sunny
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KIA

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RATES AS LOW AS 0%** OR UP TO $5,000 IN CASH SAVINGS ON OTHER SELECT 2013 MODELS[Ω]

FINANCING ON SELECT 2013's PLUS SELECT ALL-NEW 2014's

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2013 OPTIMA

INCL. AIR, KEYLESS ENTRY & HEATED SEATS

BONUS TURBO UPGRADE CREDIT[†] $2,300 EX TURBO MODEL • FINANCE ONLY

OWN IT FROM $150[≠] BI-WEEKLY | WITH $0 DOWN | AT 1.49% APR + PAY 60 DAYS[™] | OR | RECEIVE UP TO $4,000 IN CASH SAVINGS[◊] (ON SELECT MODELS)

FEATURES	2013 OPTIMA LX MT	2013 Honda Accord LX MT	2013 Ford Fusion S AT
Horsepower (hp)	200	185	170
Cooling Glove Box	✓	✗	✗
Sirius[@] Satellite Radio	✓	✗	✗
Fog Lights	✓	✗	✗

bi-weekly for 60 months, amortized over 84 months with **$0 DOWN PAYMENT**. Offer includes delivery, destination, fees and **$500 LOAN SAVINGS**[§]. Offer based on 2013 Optima LX AT with a purchase price of $26,383.

HWY (A/T): 5.6L/100KM
CITY (A/T): 8.6L/100KM

Optima SX Turbo shown[△]

2013 RIO 4-DOOR

INCL. AIR, KEYLESS ENTRY & HEATED SEATS

OWN IT FROM $95[≠] BI-WEEKLY | WITH $0 DOWN | AT 1.49% APR | INCLUDES 6 BI-WEEKLY PAYMENTS ON US[*] ON RIO ONLY

FEATURES	2013 RIO 4-DOOR LX + MT	2013 Toyota Yaris 5-Door LE MT Conv. Pkg.	2013 Ford Fiesta Sedan MT
Horsepower (hp)	138	106	120
Fog Lights	✓	✗	✗
Cruise Control	✓	✗	✗
Satellite Radio	✓	✗	✗

bi-weekly for 60 months, amortized over 84 months with **$0 DOWN PAYMENT**. Offer includes delivery, destination, fees and **$900 "6 BI-WEEKLY PAYMENTS ON US" SAVINGS**[*]. Offer based on 2013 Rio 4-door LX + MT with a purchase price of $17,383.

HWY (M/T): 5.3L/100KM
CITY (M/T): 6.9L/100KM

Rio4 SX with Navigation shown[△]

2013 SOUL

INCL. AIR, KEYLESS ENTRY & SATELLITE RADIO

OWN IT FROM $124[≠] BI-WEEKLY | WITH $0 DOWN | AT 1.49% APR + PAY 60 DAYS[™] | OR | RECEIVE UP TO $1,500 IN CASH SAVINGS[◊] (ON SELECT MODELS)

FEATURES	2013 SOUL 2.0L 2U MT	2013 Scion XB MT	2013 Toyota Matrix MT Conv. Pkg.
Horsepower (hp)	164	158	132
Satellite Radio	✓	✗	✗
Heated Front Seats	✓	✗	✗
16" Alloy Wheels	✓	✗	✗

bi-weekly for 60 months, amortized over 84 months with **$0 DOWN PAYMENT**. Offer includes delivery, destination and fees. Offer based on 2013 Soul 2.0L 2u MT with a purchase price of $21,378.

HWY (M/T): 6.7L/100KM
CITY (M/T): 8.5L/100KM

Soul 4u Luxury shown[△]

2013 SORENTO

0%** FINANCING FOR 60 MONTHS | OR | UP TO $5,000 IN CASH SAVINGS[Ω]

5 Year Warranty

WE'VE GOT YOU COVERED
*5-year/100,000 km worry-free comprehensive warranty.

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Kia's new Customer Friendly Pricing includes delivery and destination fees and all mandatory government levies.
Prices do not include licensing or applicable taxes.

KIA
The Power to Surprise

Offer(s) available on select new 2013 models through participating dealers to qualified retail customers who take delivery by May 31, 2013. Dealers may sell or lease for less. Some conditions apply. See dealer for complete details. Vehicles shown may include optional accessories and upgrades available at extra cost. All offers are subject to change without notice. All pricing includes delivery and destination fees up to $1,650, $34 tire recycling/filter charges, $5 OMVIC fee, environmental fee and $100 A/C charge (where applicable) and excludes licensing, registration, insurance, other taxes, variable dealer administration fees (up to $399) and down payment (if applicable and unless otherwise specified). Other lease and financing options also available. **0% purchase financing is available on select new 2013 Kia models O.A.C. Terms vary by model and trim, see dealer for complete details. Representative financing example based on 2013 Sorento LX + AT (SR75BD) with a selling price of $29,078, financed at 0% APR for 60 months. 130 bi-weekly payments equal $224 per payment with a down payment/equivalent trade of $0. **"Don't Pay For 60 Days" offer (60-day payment deferral) applies to purchase financing on select new 2013 models. No interest will accrue during the first 60 days of the finance contract. After this period, interest accrues and the purchaser will repay both the principal and interest monthly over the contract's term. *"6 Bi-Weekly Payments On Us" offer is available on approved credit to eligible retail customers who finance or lease any new 2013 Rio from a participating dealer between May 1-31, 2013. Customers will receive a cheque in the amount of six payments (excluding taxes) to a maximum of $300 per month or can choose up to $900 reductions from the selling/lease price after taxes. See your dealer for complete details. Offer ends May 31, 2013. Cannot be combined with "Don't Pay For 60 Days" offer. Ω**Up to $5,000 cash savings" offer is available on the cash purchase of select new 2013 Optima/2013 Soul/2013 Sorento models from a participating dealer between May 1–31, 2013, is deducted from the selling price before taxes and cannot be combined with special lease and finance offers. Some conditions apply. ≠Bi-weekly finance payment O.A.C. for new 2013 Optima LX AT (OP742D)/2013 Rio4 LX + MT (RO542D)/2013 Soul 2.0L 2u MT (SO553D) based on a selling price of $26,383/$17,383/$21,378 is $150/$95/$124 with an APR of 1.49% for 60 months, amortized over an 84-month period. Estimated remaining principal balance of $7,673/$4,886/$6,337 plus applicable taxes due at end of 60-month period. Retailer may sell for less. See dealer for full details. †Turbo upgrade credit for 2013 Optima EX Turbo models (OP74XD/OP74YD) is $1,800 and is applicable to finance of a new 2013 Optima EX with a Turbo engine (OP74XD/OP74YD) only and is deducted from the negotiated selling price before taxes. $2,300 Turbo upgrade credit consists of $1,800 + $500 loan savings. Certain restrictions may apply. See dealer for details. △Model shown Manufacturer Suggested Retail Price for 2013 Optima SX Turbo AT (OP748D)/2013 Rio4 SX with Navigation AT (RO749D)/2013 Soul 2.0L 4u Luxury AT (SO759D) is $35,550/$23,450/$27,345 and includes delivery and destination fees of $1,455/$1,455/$1,650, environmental fee and A/C charge ($100, where applicable). Licence, insurance, applicable taxes, variable dealer administration fees (up to $399), tire recycling and filter charges of $34, OMVIC fee and registration fees are extra. Retailer may sell for less. See dealer for full details. Available at participating dealers. @SIRIUS - Available in the 10 provinces and 3 territories of Canada and the 48 contiguous United States. Monthly subscription sold separately after 3 trial months. ^Highway/city fuel consumption is based on the 2013 Rio 1.6L GDI 4-cyl (M/T)/2013 Optima 2.4L GDI 4-cyl (A/T)/2013 Soul 2.0L MPI 4-cyl (M/T). These updated estimates are based on the Government of Canada's approved criteria and testing methods. Refer to the *EnerGuide Fuel Consumption Guide*. Your actual fuel consumption will vary based on driving habits and other factors. Information in this advertisement is believed to be accurate at the time of printing. For more information on our 5-year warranty coverage, visit kia.ca or call us at 1-877-542-2886. Kia is a trademark of Kia Motors Corporation.